



OREGON POTATO

204545 - Vegetable Blend Riviera

Whole Green Beans, Whole Wax Beans, and Whole Baby Carrots. Big, bold and delicious!



* Benefits

FLAV-R-PAC frozen vegetables are picked and packed at their peak of ripeness, optimal flavor and maximum nutritional value. Frozen vegetables are never out of season, so you can benefit from consistency all year round and 100% yield.

Ingredients

Whole Green Beans, Whole Wax Beans, Whole Baby Carrots

⚠ Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container	22
Serving size	1cup (82g)
Amount per serving	
Calories	30
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 34mg	3%
Iron 1mg	6%
Potassium 163mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen until ready to use. Store at or below 0F(-18C). Do not refreeze.

Serving Suggestions

RIVIERA BLEND WITH CHAMPAGNE VINAIGRETTE:
For dressing whisk together 1/3 cup champagne wine vinegar, 3 tbsp. olive oil, 1 tbsp. fresh tarragon, chopped, 1/2 tsp. sugar. In non-stick pan over medium-high heat cook 6 cups vegetables in 2 tbsp. canola oil stirring occasionally until crisp-tender. Remove from heat and toss with dressing. Sprinkle with 2 tsp. lemon zest and 3 tbsp. sliced almonds, toasted.

Prep & Cooking Suggestions

STOVE TOP:
Place contents of one bag in a 6-1/2 quart pan. Add 1/2 cup water and bring to a full boil over high heat. Gently separate the vegetables with a wooden spoon if necessary. Reduce heat to medium; cover and cook gently for 10 to 12 minutes. Drain and serve. Season to taste.

✏ Product Specifications

Brand		Manufacturer				
OREGON POTATO		PNW VEG CO., LLC dba NORPAC				
MFG #	SPC #	GTIN	Pack	Pack Desc.		
03093	204545	10048800030930	6	6 / cs		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
26lb	24lb	USA	Yes	No		
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.88in	11.38in	9.75in	1.08ft3	9x7	730DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	30	Total Fat	0g	Sodium	10mg
Protein	1	Trans Fats	0g	Calcium	34mg
Total Carbohydrates...	6g	Saturated Fat	0g	Iron	1mg
Sugars	2g	Added Sugars	0g	Potassium	163mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

