



SIMPLOT

204564 - Edamame Shelled Blanched S/O

Great source of protein in a plant-based dish; High quality, farm-fresh flavor and color; Reduces costly labor just heat and serve; Consistent year-round quality and pricing



* Benefits

Ingredients

SOYBEANS. CONTAINS: SOY.

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 13
Serving size 2/3cup(84g)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 4g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 4g	14%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.8mg	10%
Potassium 405mg	9%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

6/2.5 lb.

Serving Suggestions

Prep & Cooking Suggestions

📄 Product Specifications

Brand		Manufacturer		Product Category		
SIMPLOT		JR SIMPLOT CALDWELL ID.		Vegetables, Canned & Frozen		
MFG #	SPC #	GTIN		Pack	Pack Desc.	
52276	204564	10071179522768		6	6/2.5#	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
15lb		15lb	CHN		No	
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
0in	0in	0in	0.53ft3	13x7	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	100	Total Fat	4g	Sodium	5mg
Protein	9	Trans Fats	0g	Calcium	50mg
Total Carbohydrates...	6g	Saturated Fat	0.5g	Iron	1.8mg
Sugars	2g	Added Sugars	0g	Potassium	405mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

