



FREDS

204604 - Onion Ring Battered 1/2 Inch

Premium, jumbo sweet Spanish onions for naturally sweet flavor. Thick cut onion rings. Light and airy batter delivers a crisp, crunchy texture. Versatile menu item.



* Benefits

Nutrition Facts

Servings per Container 56
Serving size 4OnionRings (79g)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 8g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 1g Added Sugar	2%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Sweet Spanish Onions, Water, Bleached Wheat Flour, Yellow Corn Flour, Contains less than 2% of: Whey (Milk), Soy Flour, Dextrose, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Soybean Oil, Sugar, Salt, Polysorbate 80. Prefried In Vegetable Oil (Soybean and/or Canola Oil). CONTAINS: WHEAT, MILK, SOY

Allergens

Contains:

milk soy wheat

Free From:

crustaceans eggs fish peanuts
 sesame tree nuts

Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Great as a side dish, an entre topper or an exciting garnish! Perfect for sandwich or burger! Use as a substitute for french fries. Serve with a variety of dips.

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350F for 1 - 2 minutes.

Product Specifications

Brand	Manufacturer	Product Category
FREDS	AJINOMOTO FOODS NORTH AM	Appetizers Onion Rings

MFG #	SPC #	GTIN	Pack	Pack Desc.
0291120	204604	10050665029110	4	4/2.5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12lb	10lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.4in	12in	9.13in	0.98ft3	10x3	0DAYS	0°F / 32°F



FREDS

204604 - Onion Ring Battered 1/2 Inch

Premium, jumbo sweet Spanish onions for naturally sweet flavor. Thick cut onion rings. Light and airy batter delivers a crisp, crunchy texture. Versatile menu item.



Nutrition Analysis - By Serving

Calories	160	Total Fat	8g	Sodium	390mg
Protein	3	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	19g	Saturated Fat	1g	Iron	0mg
Sugars	3g	Added Sugars	1g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

