



FREDS

204611 - Onion Ring Gourmet Brd 3/4 Inch

Premium, jumbo sweet Spanish onions for naturally sweet flavor. Thick cut, 3/4 onion rings. Evenly coated using Panko breading (Japanese style bread crumbs) for premium appearance. Hand packed for less breakage. Versatile menu item.



Nutrition Facts

Servings per Container **88**
Serving size **3OnionRings (85g)**

Amount per serving
Calories 110

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 490mg | 21% |
| Total Carbohydrate 23g | 8% |
| Dietary Fiber 1g | 4% |
| Total Sugars 2g | |
| Includes 1g Added Sugar | 2% |
| Protein 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 0mg | 0% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Sweet Spanish Onions, Water, Bleached Wheat Flour, Yellow Corn Flour, Modified Food Starch. Contains less than 2% of: Onion Powder, Soy Flour, Spice, Whey (Milk), Salt, Sugar, Soybean Oil, Dextrose, Yeast, Natural Flavor, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Guar Gum, FD & C Yellow #5 & #6. CONTAINS: WHEAT, SOY, MILK.

Allergens

Contains:



Free From:



Handling Suggestions

Store product for no longer than 548 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Great as a side dish, an entre topper, a sandwich filler or an exciting garnish! Use as a substitute for French fries. Serve with a variety of dips. Great starter item or when served in an appetizer platter.

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350F for 2 minutes.

Product Specifications

| Brand | Manufacturer | Product Category |
|-------|--------------------------|------------------------|
| FREDS | AJINOMOTO FOODS NORTH AM | Appetizers Onion Rings |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|---------|--------|----------------|------|------------|
| 0290020 | 204611 | 10050665029004 | 8 | 8/2# |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 19.2lb | 16lb | USA | | No |

| Shipping Information | | | | | | |
|----------------------|--------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 15.8in | 11.7in | 13.4in | 1.43ft3 | 10x4 | 0DAYS | 0°F / 32°F |



FREDS

204611 - Onion Ring Gourmet Brd 3/4 Inch

Premium, jumbo sweet Spanish onions for naturally sweet flavor. Thick cut, 3/4 inch onion rings. Evenly coated using Panko breading (Japanese style bread crumbs) for premium appearance. Hand packed for less breakage. Versatile menu item.



Nutrition Analysis - By Serving

| | | | | | |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories | 110 | Total Fat | 0g | Sodium | 490mg |
| Protein | 3 | Trans Fats | 0g | Calcium | 0mg |
| Total Carbohydrates... | 23g | Saturated Fat | 0g | Iron | 0mg |
| Sugars | 2g | Added Sugars | 1g | Potassium | 0mg |
| Dietary Fiber | 1g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU) | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

