



FREDS

204611 - Onion Ring Gourmet Brd 3/4 Inch

Premium, jumbo sweet Spanish onions for naturally sweet flavor. Thick cut, 3/4 onion rings. Evenly coated using Panko breading (Japanese style bread crumbs) for premium appearance. Hand packed for less breakage. Versatile menu item.



Nutrition Facts

Servings per Container 88
Serving size 3OnionRings (85g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	21%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 1g Added Sugar	2%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Sweet Spanish Onions, Water, Bleached Wheat Flour, Yellow Corn Flour, Modified Food Starch. Contains less than 2% of: Onion Powder, Soy Flour, Spice, Whey (Milk), Salt, Sugar, Soybean Oil, Dextrose, Yeast, Natural Flavor, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Guar Gum, FD & C Yellow #5 & #6. CONTAINS: WHEAT, SOY, MILK.

⚠ Allergens

Contains:

milk soy wheat

Free From:

crustaceans eggs fish peanuts
sesame tree nuts

Handling Suggestions

Store product for no longer than 548 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Great as a side dish, an entre topper, a sandwich filler or an exciting garnish! Use as a substitute for French fries. Serve with a variety of dips. Great starter item or when served in an appetizer platter.

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350F for 2 minutes.

✍ Product Specifications

Brand	Manufacturer
FREDS	AJINOMOTO FOODS NORTH AM

MFG #	SPC #	GTIN	Pack	Pack Desc.
0290020	204611	10050665029004	8	8/2#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
19.2lb	16lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.8in	11.7in	13.4in	1.43ft3	10x4	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	0g	Sodium	490mg
Protein	3	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	23g	Saturated Fat	0g	Iron	0mg
Sugars	2g	Added Sugars	1g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

