

# FRED'S 204612 - **T/O Onion Ring Flour Breaded**

Premium, jumbo sweet Spanish onions are sliced and breaded in a delicious flour coating. Grade A sweet Spanish onions for naturally sweet flavor; no added sugar needed. Onions are cut in house (ensures consistent sizing and minimizes "doubles"). Flour coating provides a handmade, back of house appearance.



		<b>Nutrition Fa</b>	cts	
	Servings per Container 50 Serving size 4onionrings (89g)			
		Amount per serving Calories	150	
		% Da	aily Value*	
Contraction of the second		Total Fat 4g	5%	
		Saturated Fat 0.5g	3%	
		Trans Fat 0g		
		Cholesterol 0mg	0%	
<b>≭</b> Benefits		Sodium 360mg	16%	
		Total Carbohydrate 27g	10%	
		Dietary Fiber 1g	4%	
		Total Sugars 4g		
		Includes 2g Added Sugar	4%	
Ingredients	Allergens	Protein 3g		
		Vitamin D 0mcg	0%	
Sweet Spanish Onions, Wheat Flour, Water, Yellow Corn Flour, Contains Less	Contains:	Calcium 0mg	0%	
Than 2% Of: Garlic Powder, Onion Powder, Soy Flour, Whey (Milk),	🔘 eggs 👔 milk 🛞 soy 🋞 wheat	Iron 1.2mg	7%	
Leavening (Sodium Bicarbonate, Sodium	Free From:	Potassium 90mg	2%	
Aluminum Phosphate, Sodium Acid Pyrophosphate), Dried Whole Eggs, Dextrose, Hydrolyzed Corn Protein, Modified Corn Starch, Spice, Sugar, Salt. Prefried In Vegetable Oil (Soybean and/or Cottonseed).	(i) crustaceans (i) fish (i) peanuts (i) sesame	* The % Daily Value (DV) tells you how muc a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

#### Handling Suggestions

CONTAINS: WHEAT, MILK, EGG, SOY

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

### Serving Suggestions

Great starter item or when served in an appetizer platter. Easy prep and convenient! Great topper for burger or chicken sandwich, garnish for steak. Use as a substitute for french fries!

# Prep & Cooking Suggestions

PRODUCT MUST BE FULLY COOKED. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350F for 2 - 3 minutes.

# Product Specifications

15.38in

12in

9.13in

0.97ft3

Bra	nd	Manufacturer				Product Category		
FRE	D'S	Ajinomoto Foods NA			Appetizers Onion Rings			
MFG	#	SPC #		GTIN		Pa	ack	Pack Desc.
22903	20	204612	100	10050665229039		4	4	4 / 2.5 LBR
Gross Weight N		Net Weig	ght Coi	t Country of Origin		Kosl	her	Child Nutrition
10.85lb 10lb			USA				No	
Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf L	elf Life Storage Temp From/To		

10x4

365DAYS



-10°F / 0°F



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### Nutrition Analysis - By Serving

Calories	150	Total Fat	4g	Sodium	360mg
Protein	3	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	27g	Saturated Fat	0.5g	Iron	1.2mg
Sugars	4g	Added Sugars	2g	Potassium	90mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## Additional Images



