FREDS

204842 - **Appetizer Corn Nugget Battered**

Golden brown coating with a fresh, bright filling packed with sweet, creamy corn. Whole corn kernels are visible in the filling. Homemade, back of house appearance. Smaller bag size (2#) for less waste/easier storage.

Nutrition Facts

Servings per Container 66
Serving size 6Nuggets (85g)

Amount per serving
Calories 190

	% Daily Value*
Total Fat 8g	**10%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 350mg	**15%**
Total Carbohydrate 29g	**11%**
Dietary Fiber 1g	**4%**
Total Sugars 7g	
Includes 6g Added Sugar	**12%**
Protein 3g	
Vitamin D 0mcg	**0%**
Calcium 40mg	**3%**
Iron 1mg	**6%**
Potassium 110mg	**2%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

Corn, Water, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yellow Corn Flour, Modified Food Starch. Liquid Margarine (Soybean Oil, Water, Salt, Hydrogenated Soybean Oil, Vegetable Monogylcerides, Soy Lecithin, Potassium Sorbate and Citric Acid [preservatives], Artificial Flavor, Beta Carotene [color], Vitamin A Palmitate added), Contains Less Than 2% of: Spice, Natural Flavors, Nonfat Milk, Egg, Whey, Dextrose, Salt, Corn Starch, Soy Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Sodium Alginate, Sodium Citrate, Sodium Tripolyphosate, Soybean Oil, Calcium Chloride, Oleoresin Paprika (color). Prefried in Vegetable Oil (Soybean and/or Canola Oil).

CONTAINS: WHEAT, MILK, EGG, SOY.

Allergens

Contains:

eggs, milk, soy, wheat

Free From:

crustaceans, fish, peanuts, sesame, tree nuts

Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Ideal for a chili topper, corn chowder enhancer or stand alone appetizer. Perfect finger food! Great kids menu item.

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350F for 3-1/2 minutes.

Product Specifications

Brand	Manufacturer	Product Category
FREDS	AJINOMOTO FOODS NORTH AM	Appetizers Vegetables Breaded and Battered

MFG #	SPC #	GTIN	Pack	Pack Desc.
0241120	204842	10050665024115	6	6/2#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.7lb	12lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13in	11.8in	7.1in	0.63ft3	12x3	0DAYS	0°F / 32°F

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Nutrition Analysis - By Serving

Calories	190	Total Fat	8g	Sodium	350mg
Protein	3	Trans Fats	0g	Calcium	40mg
Total Carbohydrates•••	29g	Saturated Fat	1g	Iron	1mg
Sugars	7g	Added Sugars	6g	Potassium	110mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

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