



FREDS

204955 - Appetizer Bacon Gouda Mac & Cheese

Poppable bites with a crunchy coating and creamy, craveable filling. Made with a blend of smoked Gouda, yellow & white cheddar, parmesan, Romano & Fontina cheeses, and savory bacon. Homemade, back of house appearance.

Smoked Gouda and bacon elevate the flavor profile and make it more premium.



* Benefits

⚠ Allergens

Water, Cooked Macaroni (Water, Durum Semolina [Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Bleached Wheat Flour, Cheddar Cheese Sauce (Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Water, Milkfat, Whey, Enzyme Modified Cheese (Pasteurized Milk, Water, Sodium Phosphate, Milkfat, Salt, Cheese Culture, Enzymes), Sodium Phosphate, Modified Food Starch, Salt, Lactic Acid, Sodium Alginate, Sorbic Acid (Preservative), Apocosterol [Color]), Cream Cheese Blend (Milk, Cream Cheese (Milk, Cream, Cheese Culture, Salt, Carb. Bean Gum), Palm Oil, Cream, Contains Less than 2% of: Cheese Culture, Milk Fat, Salt, Mono- And Diglycerides, Carb. Bean Gum, Lactic Acid, Apocosterol [Color]), Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Smoked Gouda Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Beta Carotene [Color], Natural Flavors), Modified Food Starch), Contains Less than 2% of: Cooked Bacon (Bacon Cured With: Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Fontina Cheese (Pasteurized Cow's Milk, Cheese Cultures, Rennet, Enzymes, Salt), Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Onion Powder, Garlic Powder, Natural Flavors, Yellow Corn Flour, Wheat Gluten, Soy Lecithin, Whey, Yeast Extract, Maltodextrin, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Flavor Enhancer (Yeast Extract, Natural Flavor), Cheese Flavor Enhancer (Maltodextrin, Dextrose, Natural Flavors, Silicon Dioxide, Lactic Acid, Triacetin), Liquid Margarine (Liquid Soybean Oil, Water, Salt, Hydrogenated Soybean Oil, Vegetable Monoglycerides, Soy Lecithin, Potassium Sorbate and Citric Acid (Preservatives), Artificially Flavored, Beta Carotene [Color], Vitamin A Palmitate added), Yeast, Bacon Flavor (Maltodextrin, Bacon Fat, Bacon Bits [(Cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Ascorbate, Sodium Nitrate), Smoke Flavoring], Sunflower Oil, Salt, Contains Less Than 2% Of: Natural Smoke Flavor, Hydrolyzed Corn Protein, Hydrolyzed Soy Protein, Hydrolyzed Wheat Gluten, Disodium Inosinate), Maltodextrin, Parsley, Soybean Oil, Paprika Extract (Color), Turmeric Extract (Color), Spices, Sugar, Salt, Prefried in Vegetable Oil (Soybean and/or Cottonseed).
CONTAINS: WHEAT, MILK, SOY

Contains:

milk soy wheat

Free From:

crustaceans eggs fish peanuts
 sesame tree nuts

Nutrition Facts

Servings per Container 66
Serving size 5mac&cheesebites (85g)

Amount per serving
Calories 240

% Daily Value*

Total Fat	13g	17%
Saturated Fat	6g	30%
Trans Fat	0g	
Cholesterol	25mg	8%
Sodium	750mg	33%
Total Carbohydrate	22g	8%
Dietary Fiber	1g	4%
Total Sugars	1g	
Includes 0g Added Sugar		0%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	130mg	10%
Iron	0.7mg	4%
Potassium	0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Perfect finger food! Great kids menu item, side item to fried fish, chicken or hot dogs. Great as a burger topper or add as a topper for bowl of Whiteys Chili.

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350F for 3 minutes.

Product Specifications

Brand	Manufacturer
FREDS	AJINOMOTO FOODS NORTH AM

MFG #	SPC #	GTIN	Pack	Pack Desc.
0142020	204955	10050665014208	6	6/2#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.12lb	12lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.1in	11.9in	7in	0.63ft3	12x6	365DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	240	Total Fat	13g	Sodium	750mg
Protein	7	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	22g	Saturated Fat	6g	Iron	0.7mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

