



FREDS

204983 - Appetizer Mozzarella Cheese Stick Brd

Made with 100% real mozzarella cheese. Easy to prepare, just fry and serve.



Nutrition Facts

Servings per Container 64  
Serving size 3pc(s) (85g)

Amount per serving  
**Calories 200**

	% Daily Value*
Total Fat 8g	12%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 840mg	37%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes Added Sugar	%
Protein 12g	
Vitamin D	%
Calcium	30%
Iron	2%
Potassium	%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Ingredients

Part Skim Mozzarella Cheese (Pasteurized Milk, Cultures, Salt, Enzymes), Bleached Wheat Flour, Water, Yellow Corn Flour, Contains Less Than 2% of: Romano and Parmesan Cheese Blend (Pasteurized Milk, Cheese Cultures, Salt, Sorbic Acid [Preservative], Enzymes), Eggs, Nonfat Milk, Dried Parsley, Dried Garlic, Dried Onion, Yeast, Whey, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice Extract, Dextrose, Guar Gum, Sugar, Spices, Salt.  
CONTAINS: MILK, WHEAT, EGG.

Allergens

Contains:

eggs milk wheat

Free From:

crustaceans fish peanuts sesame  
soy tree nuts

Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Serve with marinara or other desired sauce as a stand alone appetizer or in a sample platter.

Prep & Cooking Suggestions

Preparation Type: Cooking Instructions  
Deep Fryer Instructions: 350F for 1 3/4 minutes. Preparation Notes: PRODUCT MUST BE FULLY COOKED. KEEP FROZEN UNTIL READY TO USE. Preparation Notes: Due to differences in appliances, cooking times may vary and require adjustment.

Product Specifications

Brand	Manufacturer	Product Category
FREDS	AJINOMOTO FOODS NORTH AM	Appetizers Cheese Breaded & Battered

MFG #	SPC #	GTIN	Pack	Pack Desc.
0205420	204983	10050665020544	4	4/3#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
15.1lb	12lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.9in	12in	7.9in	0.87ft3	10x6	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	200	Total Fat	8g	Sodium	840mg
Protein	12	Trans Fats	0g	Calcium	
Total Carbohydrates...	20g	Saturated Fat	4.5g	Iron	
Sugars	1g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

