



FREDS

# 204983 - Appetizer Mozzarella Cheese Stick Brd

Made with 100% real mozzarella cheese. Easy to prepare, just fry and serve.



## Nutrition Facts

Servings per Container 64  
Serving size 3pc(s) (85g)

Amount per serving  
**Calories 200**

% Daily Value\*

|                      |       |     |
|----------------------|-------|-----|
| Total Fat            | 8g    | 12% |
| Saturated Fat        | 4.5g  | 23% |
| Trans Fat            | 0g    |     |
| Cholesterol          | 30mg  | 10% |
| Sodium               | 840mg | 37% |
| Total Carbohydrate   | 20g   | 7%  |
| Dietary Fiber        | 1g    | 4%  |
| Total Sugars         | 1g    |     |
| Includes Added Sugar |       | %   |

|                |     |     |
|----------------|-----|-----|
| <b>Protein</b> | 12g |     |
| Vitamin D      |     | %   |
| Calcium        |     | 30% |
| Iron           |     | 2%  |
| Potassium      |     | %   |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

Part Skim Mozzarella Cheese (Pasteurized Milk, Cultures, Salt, Enzymes), Bleached Wheat Flour, Water, Yellow Corn Flour, Contains Less Than 2% of: Romano and Parmesan Cheese Blend (Pasteurized Milk, Cheese Cultures, Salt, Sorbic Acid [Preservative], Enzymes), Eggs, Nonfat Milk, Dried Parsley, Dried Garlic, Dried Onion, Yeast, Whey, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice Extract, Dextrose, Guar Gum, Sugar, Spices, Salt.  
CONTAINS: MILK, WHEAT, EGG.

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

### Serving Suggestions

Serve with marinara or other desired sauce as a stand alone appetizer or in a sample platter.

### Prep & Cooking Suggestions

Preparation Type: Cooking Instructions  
Deep Fryer Instructions: 350F for 1 3/4 minutes. Preparation Notes: PRODUCT MUST BE FULLY COOKED. KEEP FROZEN UNTIL READY TO USE. Preparation Notes: Due to differences in appliances, cooking times may vary and require adjustment.

### Product Specifications

| Brand | Manufacturer             | Product Category                     |
|-------|--------------------------|--------------------------------------|
| FREDS | AJINOMOTO FOODS NORTH AM | Appetizers Cheese Breaded & Battered |

| MFG #   | SPC #  | GTIN           | Pack | Pack Desc. |
|---------|--------|----------------|------|------------|
| 0205420 | 204983 | 10050665020544 | 4    | 4/3#       |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 15.1lb       | 12lb       | USA               |        | No              |

| Shipping Information |       |        |         |       |            |                      |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length               | Width | Height | Volume  | TlxHl | Shelf Life | Storage Temp From/To |
| 15.9in               | 12in  | 7.9in  | 0.87ft3 | 10x6  | 0DAYS      | 0°F / 32°F           |



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## Nutrition Analysis - By Serving

|                        |     |                     |      |              |       |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories               | 200 | Total Fat           | 8g   | Sodium       | 840mg |
| Protein                | 12  | Trans Fats          | 0g   | Calcium      |       |
| Total Carbohydrates... | 20g | Saturated Fat       | 4.5g | Iron         |       |
| Sugars                 | 1g  | Added Sugars        |      | Potassium    |       |
| Dietary Fiber          | 1g  | Polyunsaturated Fat |      | Zinc         |       |
| Lactose                |     | Monounsaturated Fat |      | Phosphorus   |       |
| Sucrose                |     | Cholesterol         | 30mg |              |       |
| Vitamin A(U)           |     | Vitamin D           |      | Thiamin      |       |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin       |       |
| Vitamin C              |     | Folate              |      | Riboflavin   |       |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-12 |       |
| Monosodium             |     | Sulphites           |      | Nitrates     |       |

### Additional Images

