BERNARDI

205046 - **Eggplant *Disc* Cutlet Breaded 1.45 Oz**

Quick and easy to prepare. Cook up a variety of delicious main entre and appetizer options. Offers vegetarian main entre options. Allows restaurant operators to offer consistent flavor and availability all year long.

SGC FOODSERVICE

Benefits

Made with premium eggplants lending to a soft, creamy texture while remaining crispy on the outside.

Ingredients

Eggplant, Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Water, Yellow Corn Flour. Contains Less Than 2% of: Salt, Whey, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Onion Powder, Garlic Powder, Parmesan Cheese (Pasteurized Milk, Cultures, Enzymes, Salt), Dehydrated Parsley, Maltodextrin, Natural And Artificial Flavors, Spices, Modified Corn Starch, Romano & Parmesan Cheese (Pasteurized Cow's Milk, Cultures, Salt, Enzymes), Spice Extract, Dried Garlic, Dried Onion, Extractives of Paprika and Annatto, Dried Yeast, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate).
CONTAINS: WHEAT, MILK

Allergens

Contains:

milk, wheat

May Contain:

eggs

Free From:

crustaceans, fish, peanuts, sesame, soy, tree nuts

Nutrition Facts

Servings per Container	**53**
Serving size	**3ozs (85g)**

Amount per serving

Calories **160**

	% Daily Value*
Total Fat 7g	**10%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 330mg	**14%**
Total Carbohydrate 22g	**8%**
Dietary Fiber 1g	**4%**
Total Sugars 2g	
Includes 0g Added Sugar	**0%**
Protein 3g	
Vitamin D 0mcg	**0%**
Calcium 0mg	**0%**
Iron 1.3mg	**7%**
Potassium 160mg	**3%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Love lasagna? Offer it with a twist by using breaded eggplant instead of pasta sheets! Menu five pieces as a sharable or three for an entre.

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY, FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 165F.
DEEP FRYER: Place frozen cutlets in fryer at 375F for 2 minutes.

Product Specifications

Brand	Manufacturer	Product Category
BERNARDI	Ajinomoto Foods NA	Eggplant Breaded & Battered

MFG #	SPC #	GTIN	Pack	Pack Desc.
9180035	205046	30050901918004	2	2 / 5.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.5lb	10lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.18in	9.5in	9.5in	0.79ft3	13x8	365DAYS	-10°F / 0°F

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Nutrition Analysis - By Serving

Calories	160	Total Fat	7g	Sodium	330mg
Protein	3	Trans Fats	0g	Calcium	0mg
Total Carbohydrates•••	22g	Saturated Fat	1g	Iron	1.3mg
Sugars	2g	Added Sugars	0g	Potassium	160mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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