



SIMPLOT

# 205198 - Vegetable Blend Flame Roast Pepper/Onion

Red and green bell peppers and onions in a savory, fajita-style seasoning; Premium roasted look and flavor with 100% yield; No cooking step required, serve straight from the bag; Conserves your limited freezer space; Prepared in our high care processing environment for enhanced food safety



## Nutrition Facts

Servings per Container 78  
Serving size 3/4cup(87g)

Amount per serving  
**Calories 45**

% Daily Value\*

Total Fat	1g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	140mg	6%
Total Carbohydrate	8g	3%
Dietary Fiber	2g	7%
Total Sugars	5g	
Includes Added Sugar	0g	0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	20mg	2%
Iron	0.4mg	2%
Potassium	140mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

ONION, GREEN AND RED BELL PEPPER, CONTAINS LESS THAN 2% OF CITRIC ACID, DEHYDRATED GARLIC AND ONION, NATURAL FLAVORS, OLIVE OIL, SALT, SPICES, SUGAR, YEAST EXTRACT.

### Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep frozen 0F or below

### Serving Suggestions

Add to sandwiches to increase profit. Great pizza topper. Try as a fajita side. Quesadilla ingredient. Buffalo chicken quesadilla, Chicken pepper big bowl, Chicken panzanella salad, Chicken peperonata pizza, Corned beef hash, Denver panini, Double pepper pizza marengo, Grilled Italian sausage, peppers toscana, Mediterranean tuna sandwich.

### Prep & Cooking Suggestions

Food Safety Statement: KEEP FROZEN UNTIL READY TO USE. IF THAWED, DO NOT REFREEZE. THAW AND SERVE Thaw unopened package no more than six days at =40F. STOVE TOP (optional) Heat 1 Tbsp. oil in a large skillet over MED-HIGH heat. Saut a single layer of vegetables for 9-13 minutes, stirring frequently. FLAT TOP GRILL (optional) Heat 2 Tbsp. oil. Cook a single layer of vegetables for 4-6 minutes at 375F, turning as needed.

### Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
67779	205198	10071179677796	6	6/2.5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17lb	15lb	USA		No

#### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.87in	11.37in	6.25in	0.78ft3	10x3	0DAYS	0°F / 32°F



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## Nutrition Analysis - By Serving

Calories	45	Total Fat	1g	Sodium	140mg
Protein	1	Trans Fats	0g	Calcium	20mg
Total Carbohydrates...	8g	Saturated Fat	0g	Iron	0.4mg
Sugars	5g	Added Sugars	0g	Potassium	140mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

