

SIMPLOT 205297 - Vegetable Blend Stir Fry Frozen

A mix of broccoli, sugar snap peas, bean sprouts, water chestnuts and red bell peppers ;Farm-fresh flavor and color ;Reduces costly laborjust heat and serve ;Consistent year-round quality and pricing ;100% useable, no trim, loss or waste



		Nutrition Facts		
		Servings per Container Serving size 1cu	10 p(88g)	
		Amount per serving Calories	35	
		% Dail	y Value*	
		Total Fat Og	0%	
		Saturated Fat 0g	0%	
		Trans Fat 0g		
		Cholesterol 0mg	0%	
★ Benefits		Sodium 10mg	0%	
		Total Carbohydrate 6g	2%	
		Dietary Fiber 2g	7%	
		Total Sugars 2g		
		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 2g		
		Vitamin D 0mcg	0%	
BROCCOLI, SUGAR SNAP PEAS, BEAN SPROUTS, WATER CHESTNUTS, RED BELL PEPPER.	Free From:	Calcium 30mg	2%	
	crustaceans 🛞 mollusks 🔘 eggs	Iron 0.5mg	3%	
	fish 👔 milk 🕥 peanuts 🗞 sesame	Potassium 190mg	4%	
	() soy () tree nuts () wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Handling Suggestions

Keep frozen 0F or below

Serving Suggestions

Add Asian flair to any menu, this mix is the perfect starter for stir-fried entres or sides.

Prep & Cooking Suggestions

Stove Top / Saut Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165F. TO SERVE COLD, PREPARE VGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. SAUT 1. Heat 1 Tbsp. oil in a large skillet on MEDIUM-HIGH. 2. Add one bag of frozen vegetables. Saut for 8 minutes, stirring frequently.

Product Specifications

Brand				Manufacturer				
SIMPLOT				JR SIMPLOT CALDWELL ID.				
MFG a	#	SPC #		GTIN		F	Pack	Pack Desc.
18845	2 2	205297	1007	0071179188452			12	12/32 OZ
Gross Weight Net Weight		ht Cou	Country of Origin		Kosher		Child Nutrition	
261	b	24lb		CHN				No
Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf l	_ife	Storage Temp From/To	
16.87in	11.37in	9.75in	1.08ft3	1x1	0DAY	/S 0°F / 32°F		





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Nutrition Analysis - By Serving

Calories	35	Total Fat	Og	Sodium	10mg
Protein	2	Trans Fats	Og	Calcium	30mg
Total Carbohydrates…	6g	Saturated Fat	Og	Iron	0.5mg
Sugars	2g	Added Sugars	Og	Potassium	190mg
Dietary Fiber	2g	Polyunsaturated Fat	Og	Zinc	0
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



