



SIMPLOT

# 205592 - Potato Boat Munchskin

Rough, natural interior cooks up crispy ; Baked, not fried, no oil added; Made from only Idaho potatoes for consistent quality; Uniform size for easy portion control; Reduces messy kitchen prep from fresh



## Nutrition Facts

Servings per Container 100  
Serving size 2Boats(76g)

Amount per serving  
**Calories 70**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugar	0%
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.8mg	4%
Potassium 410mg	9%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

IDAHO POTATOES.

### Allergens

#### Free From:

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

17 lb

### Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Potatoes, Other

MFG #	SPC #	GTIN	Pack	Pack Desc.
23126	205592	10071179231264	17	1/200 CT

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
19lb	17lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.88in	9.5in	8.38in	0.92ft3	10x10	547DAYS	-10°F / 10°F

### Serving Suggestions

Fill with quiche mix for brunch. Fill as a twice-baked potato. Fill with taco meat or cheese and bacon bits. Top with cheese and bacon for delicious potato skins or stuff with mashed potatoes, cheese and bacon for an appetizing twice-baked side.

### Prep & Cooking Suggestions

Food Safety Statement: Deep Fryer:345, 5 minutes, Fry 4 to 6 frozen potato boats (do not allow to overlap). Convection Oven:450, 10-15 minutes, Place frozen potato boats on sheet pan, skin side down. Standard Oven:450, 20-25 minutes, Place frozen potato boats on sheet pan, skin side down.



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### Nutrition Analysis - By Serving

Calories	70	Total Fat	0g	Sodium	10mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	16g	Saturated Fat	0g	Iron	0.8mg
Sugars	1g	Added Sugars	0g	Potassium	410mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

