



SIMPLLOT

205766 - Vegetable Flame Roasted Fiesta Blk Bean,

Entres served with roasted vegetables command a 34% higher average menu price vs. steamed vegetables Datassential, 2018; Fresh-roasted flavor and appearance elevates any dish; Reduces costly labor just heat and serve; Consistent quality and seasoning no matter who's cooking



* Benefits

Nutrition Facts

Servings per Container **72**
Serving size **2/3cup(96g)**

Amount per serving
Calories 100

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 16g	6%
Dietary Fiber 4g	14%
Total Sugars 5g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 250mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

SWEET CORN, COOKED BLACK BEANS, TOMATO, ONION, GREEN BELL PEPPER, RED BELL PEPPER, CONTAINS LESS THAN 2% OF BROWN SUGAR, CITRIC ACID, DEHYDRATED VEGETABLES (ONION, BELL PEPPER, GARLIC), LIME JUICE POWDER (LIME JUICE CONCENTRATE, MODIFIED FOOD STARCH, MALTODEXTRIN, CITRIC ACID), NATURAL FLAVORS (INCLUDING GRILL AND SMOKE), OLIVE OIL, SALT, SPICES, SUGAR, YEAST EXTRACT.

Allergens

Free From:



Handling Suggestions

6/2.5 lb

Serving Suggestions

A colorful blend of flame-roasted corn, onions, red and green peppers with black beans and tomatoes. Just heat and serve in appetizers, soups, salads, guacamoles, salsas and wraps. Elevate a classic with Mexican lasagna, Fiesta Mac & Cheese, Corn & Black Bean Burgers or a Southwest Rice Pilaf.

Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS TO ENSURE PRODUCT REACHES AN INTERNAL TEMPERATURE OF 165F. STOVE TOP Heat 2 Tbsp. oil in a large skillet on MED-HIGH heat. Add bag of product and cover for 6-8 minutes, stirring frequently. MICROWAVE (1100 WATTS) Microwave bag of product on HIGH for 9 minutes, covered, stirring halfway through cook time. Let stand for 1 minute. CONVECTION OVEN Bake vegetables at 350F for 8-11 minutes in a single layer on a greased sheet pan. Rotate pan halfway through cook time.

Product Specifications

Brand	Manufacturer	Product Category
SIMPLLOT	JR SIMPLOT CALDWELL ID.	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
77776	205766	10071179777762	6	6/2.5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.25lb	15lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
0in	0in	0in	0.55ft3	1x3	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	100	Total Fat	2.5g	Sodium	140mg
Protein	4	Trans Fats	0g	Calcium	20mg
Total Carbohydrates...	16g	Saturated Fat	0.5g	Iron	1mg
Sugars	5g	Added Sugars	0g	Potassium	250mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

