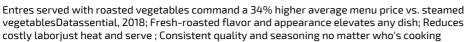


#### **SIMPLOT**

## 205766 - Vegetable Flame Roasted Fiesta Blk Bean,





2/3cup(96g)

% Daily Value\*

**72** 

100

3%

0%

6%

6%

14%

0%

0%

2%

6%

5%

**Nutrition Facts** 

Servings per Container

Serving size

Total Fat 2.5g

Trans Fat 0g Cholesterol 0mg

Sodium 140mg

Dietary Fiber 4g

Vitamin D 0mcg

Potassium 250mg

Calcium 20mg

Iron 1mg

Protein 4g

Total Sugars 5g

Amount per serving **Calories** 

Saturated Fat 0.5g

**Total Carbohydrate 16g** 

Includes 0g Added Sugar

a day is used for general nutrition advice.

\* The % Daily Value (DV) tells you how much a nutrient in

a serving of food contributes to a daily diet. 2,000 calories



#### Benefits

#### Ingredients

SWEET CORN, COOKED BLACK BEANS, TOMATO, ONION, GREEN BELL PEPPER, RED BELL PEPPER, CONTAINS LESS THAN 2% OF BROWN SUGAR, CITRIC ACID, DEHYDRATED VEGETABLES (ONION, BELL PEPPER, GARLIC), LIME JUICE POWDER (LIME JUICE CONCENTRATE, MODIFIED FOOD STARCH, MALTODEXTRIN, CITRIC ACID), NATURAL FLAVORS (INCLUDING GRILL AND SMOKE), OLIVE OIL, SALT, SPICES, SUGAR, YEAST EXTRACT.

A Allergens

#### Free From:

(S) crustaceans (S) mollusks









# Serving Suggestions

Handling Suggestions

6/2.5 lb

A colorful blend of flame-roasted corn, onions, red and green peppers with black beans and tomatoes. Just heat and serve in appetizers, soups, salads, guacamoles, salsas and wraps. Elevate a classic with Mexican lasagna, Fiesta Mac & Cheese, Corn & Black Bean Burgers or a Southwest Rice Pilaf.

#### Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS TO ENSURE PRODUCT REACHES AN INTERNAL TEMPERATURE OF 165F. STOVE TOPHeat 2 Tbsp. oil in a large skillet on MED-HIGH heat. Add bag of product and cover for 6-8 minutes, stirring frequently. MICROWAVE (1100 WATTS)Microwave bag of product on HIGH for 9 minutes, covered, stirring halfway through cook time. Let stand for 1 minute. CONVECTION OVENBake vegetables at 350F for 8-11 minutes in a single layer on a greased sheet pan. Rotate pan halfway through cook time.

# **Product Specifications**

	Manufacturer	Product Category
SIMPLOT JF	R SIMPLOT CALDWELL ID.	Vegetables, Canned & Frozen

MFG # SPC #		GTIN	Pack	Pack Desc.
77776	205766	10071179777762	6	6/2.5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.25lb	15lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
0in	0in	0in	0.55ft3	1x3	0DAYS	0°F / 32°F





#### **SIMPLOT**

## 205766 - Vegetable Flame Roasted Fiesta Blk Bean,



Entres served with roasted vegetables command a 34% higher average menu price vs. steamed vegetablesDatassential, 2018; Fresh-roasted flavor and appearance elevates any dish; Reduces costly laborjust heat and serve; Consistent quality and seasoning no matter who's cooking

## Nutrition Analysis - By Serving

Calories	100	Total Fat	2.5g	Sodium	140mg
Protein 4		Trans Fats	0g	Calcium	20mg
Total Carbohydrates··· 16g		Saturated Fat	0.5g	Iron	1mg
Sugars	5g	Added Sugars	0g	Potassium	250mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

### Additional Images













