



SIMPLOT
205895 - Vegetable Blend Thai Style S/O

Gluten-free ;Simplifies varied cooking times of the multiple grains included ;An on-trend, complex grain & vegetable dish made easy ;Consistent resultsjust heat and serve ;Serve hot or chill after cooking for cold applications



* Benefits

Ingredients

COOKED BROWN RICE, SHELLED EDAMAME, CARROTS, RED BELL PEPPER, COOKED RED QUINOA, VEGETABLE OIL (CANOLA OIL AND/OR SOYBEAN OIL), CONTAINS LESS THAN 2% OF BROWN SUGAR, DEXTROSE, GARLIC POWDER, GREEN ONION, LEMONGRASS POWDER, NATURAL FLAVOR, ONION POWDER, PARSLEY, SALT, SPICES, SUGAR, TURMERIC (FOR SPICE AND COLOR). CONTAINS: SOY.

⚠ Allergens

Contains:



Free From:



Nutrition Facts

| | |
|-------------------------------|------------|
| Servings per Container | 8 |
| Serving size | 1cup(136g) |
| Amount per serving | |
| Calories | 150 |
| % Daily Value* | |
| Total Fat 5g | 6% |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 220mg | 10% |
| Total Carbohydrate 21g | 8% |
| Dietary Fiber 4g | 14% |
| Total Sugars 4g | |
| Includes 1g Added Sugar | 2% |
| Protein 5g | |
| Vitamin D 0mcg | 0% |
| Calcium 40mg | 3% |
| Iron 1.4mg | 8% |
| Potassium 270mg | 6% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen 0F or below

Serving Suggestions

Great for bowls and wraps featuring poultry and fish. Made with ancient grains, these complex blends can elevate the color, flavor and texture in salads, entrees, soups and sides.

Prep & Cooking Suggestions

Stove Top / Saut
Food Safety Statement: FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS TO ENSURE PRODUCT REACHES AN INTERNAL TEMPERATURE OF 160F. PROMPTLY REFRIGERATE ANY UNUSED COOKED PORTION.
STOVE TOP
Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Saut half bag of frozen product for 7 minutes, covered, stirring frequently.

📄 Product Specifications

| Brand | Manufacturer |
|---------|-------------------------|
| SIMPLOT | JR SIMPLOT CALDWELL ID. |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 03505 | 205895 | 10071179035053 | 6 | 6/2.5# |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 17lb | 15lb | CAN | | No |

| Shipping Information | | | | | | |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 13.38in | 12in | 7.13in | 0.66ft3 | 1x1 | 0DAYS | 0°F / 32°F |



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Nutrition Analysis - By Serving

| | | | | | |
|------------------------|-----|---------------------|------|----------------|-------|
| Calories | 150 | Total Fat | 5g | Sodium | 220mg |
| Protein | 5 | Trans Fats | 0g | Calcium | 40mg |
| Total Carbohydrates... | 21g | Saturated Fat | 0.5g | Iron | 1.4mg |
| Sugars | 4g | Added Sugars | 1g | Potassium | 270mg |
| Dietary Fiber | 4g | Polyunsaturated Fat | 0g | Zinc | 0 |
| Lactose | | Monounsaturated Fat | 0g | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU)• | 0 | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | 0mg | Folate | 0mg | Riboflavin | 0mg |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

