



SIMPLOT

205895 - Vegetable Blend Thai Style S/O

Vegetarian and gluten-free; Simplifies varied cooking times of the multiple grains included; An on-trend, complex grain & vegetable dish made easy; Consistent results just heat and serve; Serve hot or chill after cooking for cold applications



* Benefits

Nutrition Facts

Servings per Container **48**
Serving size **1cup(136g)**

Amount per serving
Calories 150

% Daily Value*

Total Fat 5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 21g	8%
Dietary Fiber 4g	14%
Total Sugars 4g	
Includes 1g Added Sugar	2%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 40mg	3%
Iron 1.4mg	8%
Potassium 270mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

COOKED BROWN RICE, SHELLED EDAMAME, CARROTS, RED BELL PEPPER, COOKED RED QUINOA, CANOLA OIL, CONTAINS 2% OR LESS OF BROWN SUGAR, DEXTROSE, GARLIC POWDER, GREEN ONION, LEMONGRASS POWDER, NATURAL FLAVOR, ONION POWDER, PARSLEY, SALT, SPICES, SUGAR, TURMERIC (FOR SPICE AND COLOR).

⚠ Allergens

Contains:



Free From:



Handling Suggestions

6/2.5 lb.

Serving Suggestions

Great for bowls and wraps featuring poultry and fish. Made with ancient grains, these complex blends can elevate the color, flavor and texture in salads, entrees, soups and sides.

Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING INSTRUCTIONS TO ENSURE PRODUCT REACHES AN INTERNAL TEMPERATURE OF 160F. PROMPTLY REFRIGERATE ANY UNUSED COOKED PORTION. STOVE TOP: Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Saut half bag of frozen product for 7 minutes, covered, stirring frequently. MICROWAVE (1100 WATTS): Microwave half bag of frozen product, covered, on HIGH for 7 minutes. Stir halfway through cook time. Let stand for 1 minute. CAUTION: PRODUCT WILL BE HOT.

📄 Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
03505	205895	10071179035053	6	6/2.5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17lb	15lb	CAN		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.38in	12in	7.13in	0.66ft3	1x1	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	150	Total Fat	5g	Sodium	220mg
Protein	5	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	21g	Saturated Fat	0.5g	Iron	1.4mg
Sugars	4g	Added Sugars	1g	Potassium	270mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

