



FREDS

205931 - Appetizer Cheese Cheddar Nugget Brd

Cheddar cheese cubes breaded in an Italian-style seasoned coating. Crunchy coating with rich cheddar cheese flavor in every bite. Poppable fried cheese menu items are always a great starter/shareable item.



Nutrition Facts

Servings per Container 21
Serving size 10cubes (85g)

Amount per serving
Calories 250

	% Daily Value*
Total Fat 1g	17%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1170mg	51%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 1g Added Sugar	2%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 270mg	21%
Iron 0.8mg	4%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Pasteurized Process Cheddar Cheese Cubes [Cheddar Cheese (Cultured Milk, Salt, Enzymes), Water, Cream, Sodium Phosphate, Salt, Sorbic Acid (preservative), Apocarotenal (color)], Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Ferrrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water. Contains less than 2% of: Romano and Parmesan Cheeses (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Dried Garlic, Dried Onion, Dried Parsley, Spices, Natural Flavor, Sugar, Dextrose, Salt, Dried Yeast, Modified Corn Starch, Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil.
CONTAINS: MILK, WHEAT

Allergens

Contains:

milk wheat

May Contain:

eggs

Free From:

crustaceans fish peanuts sesame
 soy tree nuts

Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Excellent when paired with a favorite dipping sauce such as marinara or ranch! Great as part of a sampler or as a side option for a kids menu.

Prep & Cooking Suggestions

PRODUCT MUST BE FULLY COOKED. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment.
Deep Fryer: 350F for 1 to 2 minutes.

Product Specifications

Brand	Manufacturer	Product Category
FREDS	AJINOMOTO FOODS NORTH AM	Appetizers Cheese Breaded & Battered

MFG #	SPC #	GTIN	Pack	Pack Desc.
0200120	205931	10050665020018	6	6/4#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
27.1lb	24lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
19.1in	11.4in	10.6in	1.34ft3	8x2	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	250	Total Fat	1g	Sodium	1170mg
Protein	11	Trans Fats	0g	Calcium	270mg
Total Carbohydrates...	22g	Saturated Fat	8g	Iron	0.8mg
Sugars	2g	Added Sugars	1g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

