



FREDS

206037 - Appetizer \*Disc\* Mozz Cheese Stick Brd



# Nutrition Facts

Servings per Container  
Serving size **3Sticks (85g)**

Amount per serving  
**Calories 210**

% Daily Value\*

<b>Total Fat</b> 8g	<b>11%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 900mg	<b>39%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 1g Added Sugar	<b>2%</b>
<b>Protein</b> 12g	
Vitamin D 0mcg	<b>0%</b>
Calcium 310mg	<b>24%</b>
Iron 0.8mg	<b>4%</b>
Potassium 100mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

## Ingredients

## ⚠ Allergens

### Contains:

milk wheat

### Free From:

crustaceans fish peanuts sesame  
 soy tree nuts

## Handling Suggestions

## 📄 Product Specifications

## Serving Suggestions

## Prep & Cooking Suggestions

Brand	Manufacturer
FREDS	Ajinomoto Foods NA

MFG #	SPC #	GTIN	Pack	Pack Desc.
0205120	206037	00050665020516	6	6 / 4.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
27.4lb	24lb			No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
19.13in	11.5in	10.75in		8x2	365DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	210	Total Fat	8g	Sodium	900mg
Protein	12	Trans Fats	0g	Calcium	310mg
Total Carbohydrates...	2g	Saturated Fat	5g	Iron	0.8mg
Sugars	2g	Added Sugars	1g	Potassium	100mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

