



Flowers Foods Specialty

207127 - Roll Dinner Portuguese Parbaked

Premuim roll with crusty exterior and open interior texture.



* Benefits

Nutrition Facts

Serving Size: 43 Grams

Number of Servings per 170

Amount Per Serving

Calories: 100

Calories from Fat: 5

% Daily Value*

Total Fat 0.5 g 1%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 210 mg 9%

Total Carbohydrate 20 g 7%

Dietary Fiber 1 g 4%

Sugars 0 g %

Protein 4 g %

Vitamin A Per Srv 0% **Vitamin C** Per Srv 0%

Calcium 0% **Iron** 8%

*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat	Carbohydrate		Protein

Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, YEAST, RYE FLOUR, SOY LECITHIN, DISTILLED SOY MONOGLYCERIDES, ENZYMES, ASCORBIC ACID.

⚠ Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish dairy
 peanuts tree nuts

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature.

Serving Suggestions

Perfect for catering, dinner accompaniment, bread baskets. Heat and serve for optimal flavor and texture.

Prep & Cooking Suggestions

Place frozen roll on pan and heat at 350F for 5 - 10 minutes until golden brown.

📄 Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	Flowers Foods Specialty	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
10530330	207127	00075361014409		170/1.5 OZ

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
17.81 oz	15.94 oz	No	USA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12 in	24 in	16 in	2.67 ft3	5x7	270 DAYS	0°F / 32°F



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Nutrition Analysis

Calories	100 kcal	Total Fat	0.5 g	Sodium	210 mg
Protein	4 g	Trans Fats	0 g	Calcium	
Total Carbohydrates**	20 g	Saturated Fat	0 g	Iron	
Sugars	0 g	Polyunsaturated Fat		Potassium	
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(IU)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

