



FLOWERS

207127 - Roll Dinner Portuguese Parbaked

Premuim roll with crusty exterior and open interior texture.



* Benefits

Nutrition Facts

Servings per Container 170
Serving size 71g (43g)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes Added Sugar	%
Protein 4g	
Vitamin D	%
Calcium	0%
Iron	8%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, YEAST, RYE FLOUR, SOY LECITHIN, DISTILLED SOY MONOGLYCERIDES, ENZYMES, ASCORBIC ACID.

Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish milk
 peanuts tree nuts

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature.

Serving Suggestions

Perfect for catering, dinner accompaniment, bread baskets. Heat and serve for optimal flavor and texture.

Prep & Cooking Suggestions

Place frozen roll on pan and heat at 350F for 5 - 10 minutes until golden brown.

Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	FLOWERS FOODS SPECIALTY	Buns & Rolls

MFG #	SPC #	GTIN	Pack	Pack Desc.
10530330	207127	00075361014409	170	170/1.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17.81oz	15.94oz	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12in	24in	16in	2.67ft3	5x7	270DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	100	Total Fat	0.5g	Sodium	210mg
Protein	4	Trans Fats	0g	Calcium	
Total Carbohydrates...	20g	Saturated Fat	0g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

