

207127 - Roll Dinner Portuguese Parbaked

Premuim roll with crusty exterior and open interior texture.





* Benefits

Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, YEAST, RYE FLOUR, SOY LECITHIN, DISTILLED SOY MONOGLYCERIDES, ENZYMES, ASCORBIC ACID.

Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 170 Serving size 71g (43g)

Amount per serving Calories

100

Gaiorico	100
% [Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 4g	_
Vitamin D Omeg	0%
Vitamin D 0mcg	
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature.

Serving Suggestions

Perfect for catering, dinner accompaniment, bread baskets. Heat and serve for optimal flavor and texture.

Prep & Cooking Suggestions

Place frozen roll on pan and heat at 350F for 5 - 10 minutes until golden brown.

Product Specifications

Brand			Manufacturer			
FLOWERS			Flowers Foods, Inc.			
MEC #	CDC #	(CTINI	Pack	Pack Dose	

MFG #	SPC #	GTIN	Pack	Pack Desc.
10530330	207127	00075361014409	170	170 / 1 / 1.5 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
285.01oz	255oz	USA	Yes	No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
24in	16in	12in	2.67ft3	5x7	270DAYS	-10°F / 15°F	





FLOWERS

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Nutrition Analysis - By Serving

Calories 100		Total Fat	0.5g	Sodium	210mg
Protein	4	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	20g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	A(IU)• 0		0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images







