



KRONOS

207176 - Bread Pita Pocket Whole Wheat 6" S/O

Healthy & Delicious -Numerous Applications -Kosher Certified



# Nutrition Facts

Servings per Container 128  
Serving size 71g

Amount per serving  
**Calories 160**

	% Daily Value*
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 280mg	<b>12%</b>
<b>Total Carbohydrate</b> 32g	<b>12%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 0g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 125mg	<b>3%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

Ingredients
WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHEAT GLUTEN, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, CALCIUM PROPIONATE (PRESERVATIVE), GUAR GUM, CELLULOSE GUM, ACACIA GUM, DEXTROSE, CALCIUM SULFATE, MICROCRYSTALLINE CELLULOSE.

Allergens
<b>Contains:</b> wheat
<b>Free From:</b> crustaceans, eggs, fish, milk, peanuts, sesame, soy, tree nuts

## Handling Suggestions

Ship and Store Frozen Thaw Before Use

## Serving Suggestions

Stuff the pocket with any ingredients you would like to make your perfect pocket pita

## Prep & Cooking Suggestions

Griddle (Thaw before use) -Pre-heat griddle to 350 degrees F -Lightly oil each side of pita -Heat each side for 30 seconds -Remove and serve Microwave Oven (Thaw before use) -Place pita on microwave safe plate -Microwave pita on high power for 30 seconds. Results may vary depending on microwave oven -Remove and Serve Conventional Oven (Thaw before use) -Pre-heat oven to 400 degrees F on high heat -Lightly oil each side of pita -Place pita on oven rack and heat for 5 min (1.5 min for Convection oven) -Remove and serve

## Product Specifications

Brand	Manufacturer	Product Category
KRONOS	GRECIAN DELIGHT/KRONOS	Bread, Baked & Parbaked

MFG #	SPC #	GTIN	Pack	Pack Desc.
002222	207176	10077589402225	12	120/2.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
20lb	18.75lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.56in	13.56in	10.75in	1.65ft3	7x7	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	160	Total Fat	0.5g	Sodium	280mg
Protein	7	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	32g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	125mg
Dietary Fiber	4g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

