



NATURE VALLEY

207952 - Snack Oatmeal Round Apple Cinnamon I/W

Nature Valley(TM) whole grain-rich, frozen, soft oatmeal rounds in individually wrapped, ovenable packages. Real apple puree and cinnamon chips baked in for no-mess eating and 32 grams of whole grain per serving. For crediting in USDA Child Nutrition Programs: meets 2 ounce equivalent grain and whole grain-rich criteria. Options for Thaw & Serve or Heat & Serve.



Nutrition Facts

Servings per Container 72
Serving size 1round(65g) (65.5g)

Amount per serving
Calories 280

	% Daily Value*
Total Fat 12g	16%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 240mg	10%
Total Carbohydrate 38g	14%
Dietary Fiber 4g	14%
Total Sugars 14g	
Includes 13g Added Sugar	26%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.6mg	9%
Potassium 140mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Whole Grain Rolled Oats, Whole Wheat Flour, Sugar, Palm Oil, Cinnamon Chips (sugar, palm oil, cinnamon, nonfat milk, soy lecithin), Tapioca Syrup, Apple Puree Concentrate, Canola Oil, Water. Contains 2% or less of: Molasses, Dried Egg, Salt, Baking Soda, Cinnamon, Sodium Aluminum Phosphate, Natural Flavor.

⚠ Allergens

Contains:



Handling Suggestions

Keep frozen at or below 0F/-18C until ready to use. Oatmeal rounds may be stored for 5 days under refrigeration or 2 days at room temperature.

Serving Suggestions

1 pouch

Prep & Cooking Suggestions

Heat and serve, warm and serve in warming unit or thaw and serve. See the package for full instructions

📄 Product Specifications

Brand	Manufacturer	Product Category
NATURE VALLEY	GENERAL MILLS-FROZEN	Cereal Bars

MFG #	SPC #	GTIN	Pack	Pack Desc.
17365000	207952	10016000173658	72	72/2.32 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.04lb	10.44lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.43in	8.93in	11.12in	0.71ft3	16x2	248DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	280	Total Fat	12g	Sodium	240mg
Protein	5	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	38g	Saturated Fat	4.5g	Iron	1.6mg
Sugars	14g	Added Sugars	13g	Potassium	140mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

