



NATURE VALLEY

207952 - Snack Oatmeal Round Apple Cinnamon I/W

Nature Valley(TM) whole grain-rich, frozen, soft oatmeal rounds in individually wrapped, ovenable packages. Real apple puree and cinnamon chips baked in for no-mess eating and 32 grams of whole grain per serving. For crediting in USDA Child Nutrition Programs: meets 2 ounce equivalent grain and whole grain-rich criteria. Options for Thaw & Serve or Heat & Serve.



Nutrition Facts

Servings per Container 72  
Serving size 1 round (65.5g)

Amount per serving  
**Calories 270**

	% Daily Value*
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrate</b> 39g	<b>14%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 15g	
Includes 13g Added Sugar	<b>26%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 30mg	<b>2%</b>
Iron 1.4mg	<b>8%</b>
Potassium 140mg	<b>3%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Hearty, grab 'n go, vegetarian, individually wrapped, oatmeal in a delicious apple cinnamon flavor. These frozen rounds are made with the Nature Valley(TM) brand kids love. Pouches can be thaw and served or heat and served. Nature Valley(TM) Oatmeal Rounds are packaged with 72 individually wrapped single flavor pouches per case. Nature Valley(TM) Oatmeal Rounds are individually wrapped for heat & serve or thaw & serve preparation, making them a great for many service models including cafeteria, classroom, and curbside. Nature Valley frozen breakfast products contain no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Products are whole grain rich and vegetarian. For crediting in USDA Child Nutrition Programs: one package meets 2 ounce equivalent grain, whole grain-rich criteria and CACFP eligible. Contains 32 grams of whole grains.

Ingredients

Whole Grain Rolled Oats, Whole Wheat Flour, Sugar, Palm Oil, Cinnamon Chips (sugar, palm and/or palm kernel oil, cinnamon, nonfat milk, soy lecithin), Tapioca Syrup, Apple Puree Concentrate, Canola Oil, Water. Contains 2% or less of: Molasses, Dried Egg, Salt, Baking Soda, Cinnamon, Sodium Aluminum Phosphate, Natural Flavor.

Allergens

Contains:

eggs milk soy wheat

Handling Suggestions

KEEP FROZEN

Serving Suggestions

1 pouch

Prep & Cooking Suggestions

2 WAYS TO PREP  
1. Heat & Serve:  
Heat frozen Oatmeal Rounds in ovenable pouch.  
Preheat oven to 350F. Place pouches flat on baking sheet and heat per chart below:  
Convection Oven  
7-9 minutes\*  
Conventional Oven  
8-10 minutes\*  
Warming Unit: Preheat Warming Unit to 150F. Place pouches flat on a baking sheet and heat for 60 minutes  
2. Thaw & Serve: Thaw at room temperature for 120 minutes prior to serving.  
\*DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type or load  
Consume within 6 hours of preparing

Product Specifications

Brand	Manufacturer
NATURE VALLEY	GENERAL MILLS SALES INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
17365000	207952	10016000173658	72	72 / 1 / 2.32 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12lb	10.44lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
12.43in	8.93in	11.12in	0.71ft3	16x6	252DAYS	0°F / 10°F



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Nutrition Analysis - By Serving

Calories	270	Total Fat	12g	Sodium	240mg
Protein	5	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	39g	Saturated Fat	4.5g	Iron	1.4mg
Sugars	15g	Added Sugars	13g	Potassium	140mg
Dietary Fiber	4g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

