



NATURE VALLEY

207953 - Snack Oatmeal Round Banana Choc Chip

Nature Valley(TM) whole grain-rich, frozen, soft oatmeal rounds in individually wrapped, ovenable packages. Real banana puree and semi-sweet chocolate chips baked in for no-mess eating and 32 grams of whole grain per serving. For crediting in USDA Child Nutrition Programs: meets 2 ounce equivalent grain and whole grain-rich criteria. Options for Thaw & Serve or Heat & Serve.



Nutrition Facts

Servings per Container 72
Serving size 1 round(65g)

Amount per serving
Calories 280

% Daily Value*	
Total Fat 12g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 240mg	10%
Total Carbohydrate 39g	14%
Dietary Fiber 4g	14%
Total Sugars 15g	
Includes 14g Added Sugar	28%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.6mg	9%
Potassium 150mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Ingredients: Whole Grain Rolled Oats, Whole Wheat Flour, Sugar, Palm Oil, Banana Puree, Semisweet Chocolate Chips (sugar, chocolate liquor, cocoa butter, soy lecithin, natural flavor), Tapioca Syrup, Canola Oil, Molasses. Contains 2% or less of: Dried Egg, Water, Salt, Baking Soda, Sodium Aluminum Phosphate, Cinnamon, Nonfat Milk, Natural Flavor.

Allergens

Contains:

eggs milk soy wheat

Handling Suggestions

Keep frozen

Serving Suggestions

1 pouch

Prep & Cooking Suggestions

Heat and serve, warm and serve in warming unit or thaw and serve. See the package for full instructions

Product Specifications

Brand	Manufacturer	Product Category
NATURE VALLEY	GENERAL MILLS-FROZEN	Cereal Bars

MFG #	SPC #	GTIN	Pack	Pack Desc.
17364000	207953	10016000173641	72	72/2.32 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.04lb	10.44lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
12.43in	8.93in	11.12in	0.71ft3	16x6	248DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	280	Total Fat	12g	Sodium	240mg
Protein	5	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	39g	Saturated Fat	4g	Iron	1.6mg
Sugars	15g	Added Sugars	14g	Potassium	150mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

