



PILLSBURY

207999 - Waffle Blueberry Mini I/W Wg Cn

Pillsbury(TM) whole grain-rich frozen mini waffles in individually wrapped ovenable packages. Blueberry flavor baked in for no-mess eating and 16 grams of whole grain per serving. Made without gelatin. For USDA Child Nutrition Programs: meets 2 ounce equivalent grain, whole grain-rich criteria, and is CACFP eligible. Options for Thaw & Serve or Heat & Serve.



Nutrition Facts

Servings per Container 72
Serving size 1 pouch (78.5g)

Amount per serving
Calories 210

	% Daily Value*
Total Fat 6g	7%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 37g	13%
Dietary Fiber 2g	7%
Total Sugars 12g	
Includes 11g Added Sugar	22%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.4mg	8%
Potassium 120mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Pillsbury(TM) whole grain-rich frozen mini waffles in individually wrapped ovenable packages. Blueberry flavor baked in for no-mess eating and 16 grams of whole grain per serving.
72 individually wrapped, ovenable pouches per case.
All are individually wrapped in ovenable film for heat & serve or thaw & serve preparation, making them a great alternative for service models.
Pillsbury frozen breakfast products contain no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Made without gelatin. Recommended for K-12 Schools.
For crediting in USDA Child Nutrition Programs: one package meets 2 ounce equivalent grain, whole grain-rich criteria and CACFP eligible.
Pillsbury(TM) brand connotes trust, quality, and delicious, warm-baked food.

Ingredients

Water, Whole Wheat Flour, Bleached Enriched Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil. Contains 2% or less of: Leavening (baking soda, sodium aluminum phosphate, potassium bicarbonate, monocalcium phosphate), Whole Grain Yellow Corn Flour, Soy Lecithin, Salt, Modified Corn Starch, Nonfat Milk, Canola Oil, Modified Potato Starch, Dextrose, Fructose, Egg, Fruit Juice, Cellulose Gum, Natural Flavor.

Allergens

Contains:

eggs milk soy wheat

Handling Suggestions

KEEP FROZEN

Serving Suggestions

1 pouch

Prep & Cooking Suggestions

Heat & Serve:
Heat frozen Mini Waffles in ovenable pouch.
Oven: Preheat oven to 350F. Place pouches flat on a baking sheet and heat per chart below.
Convection Oven:
8-10 minutes**
Conventional Oven:
13-15 minutes**
* DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load.
Warming Unit: Preheat Warming Unit to 150F. Place pouches flat on a baking sheet and heat for 60 minutes.
Microwave: Place one pouch in microwave and heat on HIGH for 30-40 seconds. LET STAND one minute before removing from microwave.
CAUTION: Pouch and product can be very hot. Use caution when handling and eating.
Thaw & Serve: Thaw at room temperature for 90 minutes prior to serving.
Consume within 6 hours of preparing.

Product Specifications

Brand	Manufacturer
PILLSBURY	GENERAL MILLS-FROZEN

MFG #	SPC #	GTIN	Pack	Pack Desc.
132264000	207999	10018000322647	72	72/2.26 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
14.01lb	11.11lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.62in	11.75in	8.6in	1.15ft3	8x4	186DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	210	Total Fat	6g	Sodium	170mg
Protein	4	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	37g	Saturated Fat	1g	Iron	1.4mg
Sugars	12g	Added Sugars	11g	Potassium	120mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

