



* Benefits

Skinless Portions
2-4oz fillet
IQF

Ingredients

Pollock, Water, Sodium Tripolyphosphate(to retain moisture).

⚠ Allergens

Contains:

 fish

Nutrition Facts

Servings per Container
Serving size

Amount per serving
Calories

	% Daily Value*
Total Fat	%
Saturated Fat	%
Trans Fat	
Cholesterol	%
Sodium	%
Total Carbohydrate	%
Dietary Fiber	%
Total Sugars	
Includes Added Sugar	%
Protein	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Serving Suggestions

Prep & Cooking Suggestions

📝 Product Specifications

Brand		Manufacturer				
GREAT AMERICAN		GREAT AMERICAN SEAFOOD				
MFG #	SPC #	GTIN	Pack	Pack Desc.		
14358	208280	00829944143587	1	1/10#		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
10.4lb	10lb	CHN		No		
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.6in	10.8in	4.3in	0.42ft3	10x5	0DAYS	0°F / 32°F



Nutrition Analysis

Calories		Total Fat		Sodium	
Protein		Trans Fats		Calcium	
Total Carbohydrates...		Saturated Fat		Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

