



Flowers Foods Specialty

208590 - Bread Ciabatta Bun Slcd S/O

Golden crusty top on this 3.5" x 4" ciabatta bun with attractive golden domed crown. Sliced. Open interior texture makes a delicious sandwich or burger. Fully baked. Thaw and serve.



* Benefits

Nutrition Facts

Serving Size: 85
Number of Servings per 64

Amount Per Serving

Calories: 240 **Calories from Fat:** 50

% Daily Value*

Total Fat 6 g	9%
Saturated Fat 1 g	4%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 630 mg	26%
Total Carbohydrate 39 g	13%
Dietary Fiber 2 g	7%
Sugars 2 g	%
Protein 8 g	%

Vitamin A Per Srv 0%	Vitamin C Per Srv 0%
Calcium 0%	Iron 15%

*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			

Calories per gram		
Fat	Carbohydrate	Protein

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, WHEAT FLOUR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: ENRICHED SEMOLINA (DURUM WHEAT, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH FRUCTOSE CORN SYRUP, WHEAT GLUTEN, SALT, YEAST, DEXTROSE, LACTIC ACID, FUMARIC ACID, ARTIFICIAL FLAVOR, ACETIC ACID, MALTED BARLEY FLOUR, POTASSIUM IODATE, ENZYME, CALCIUM PROPIONATE (TO RETARD SPOILAGE)

Allergens

Contains:



wheat

Free From:



crustaceans



eggs



fish



dairy



peanuts



soy



tree nuts

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

Serving Suggestions

3.5" x 4" ciabatta bun is ready to be loaded up with deli meats and cheeses for a hot or cold sandwich. Works well for burger, fish and other proteins.

Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	Flowers Foods Specialty	Bread, Sandwich & Sliced Loaf

MFG #	SPC #	GTIN	Pack	Pack Desc.
10526970	208590	00075361300533	8	64/2.8 OZ

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
14 lb	11.25 lb	No	USA		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.4 in	18.4 in	9 in	1.76 ft3	4x3	0 DAYS	0°F / 32°F



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Nutrition Analysis

Calories	240 kcal	Total Fat	6 g	Sodium	630 mg
Protein	8 g	Trans Fats	0 g	Calcium	
Total Carbohydrates***	39 g	Saturated Fat	1 g	Iron	
Sugars	2 g	Polyunsaturated Fat		Potassium	
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

