



**\* Benefits**

12" x 16" plain lavash. Large size works for appetizers trays and sandwich presentations. Ready to use when thawed.

**Nutrition Facts**

**Serving Size:** 189 g  
**Number of Servings per** 36

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**Amount Per Serving**

**Calories:** 560      **Calories from Fat:** 70

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**% Daily Value\***

<b>Total Fat</b> 7 g	11%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 930 mg	39%
<b>Total Carbohydrate</b> 107 g	36%
Dietary Fiber 4 g	16%
Sugars 9 g	%
<b>Protein</b> 16 g	%

<b>Vitamin A</b>	Per Srv 2%	<b>Vitamin C</b>	Per Srv 0%
<b>Calcium</b>	20%	<b>Iron</b>	40%

\*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			

<b>Calories per gram</b>		
Fat	Carbohydrate	Protein

**Ingredients**

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Salt, Wrap Fresh: ( Unbleached Unbromated Wheat Flour, Monoglycerides (Soy), Guar Gum, Dextrose (Corn), Enzymes (fungal amylase), and L-Cysteine), Yeast, Calcium Propionate (to retard spoilage), Inactive Yeast.

**⚠ Allergens**

**Contains:**



**May Contain:**



**Free From:**



**Handling Suggestions**

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

**Serving Suggestions**

Use this versatile flatbread as a pizza base or load up with sandwich fixings, roll and slice for a party tray. Great for catering menus.

**Prep & Cooking Suggestions**

Product is fully baked. Thaw overnight and serve.

**✍ Product Specifications**

Brand	Manufacturer	Product Category
EUROPEAN BAKER	Flowers Foods Specialty	Flatbread & Pitas

MFG #	SPC #	GTIN	Pack	Pack Desc.
10514100	208594	00075361012351	1	36/6.2 OZ

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
16 LB	14 LB	No	US	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.5 in	13.5 in	5.5 in	0.75 cf	7x12	270 days	0°f / 32°f



### Nutrition Analysis

Calories	560 KCAL	Total Fat	7 g	Sodium	930 mg
Protein	16 g	Trans Fats	0 g	Calcium	
Total Carbohydrates...	107 g	Saturated Fat	0.5 g	Iron	
Sugars	9 g	Polyunsaturated Fat		Potassium	
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

