

FLOWERS 208594 - Bread Flat Lavash 12 X16

12" x 16" plain lavash. Large size works for appetizers trays and sandwich presentations. Ready to use when thawed.



		Nutrition Facts		
	Servings per Container 36 Serving size 1PC (189g)			
	Amount per serving Calories	560		
and the second			ily Value*	
		Total Fat 7g	11%	
		Saturated Fat 0.5g	3%	
	Trans Fat 0g			
		Cholesterol 0mg	0%	
* Benefits		Sodium 930mg	40%	
		Total Carbohydrate 107g	39%	
		Dietary Fiber 4g	14%	
		Total Sugars 9g		
		Includes 0g Added Sugar	0%	
Ingredients	\Lambda Allergens	Protein 16g		
		Vitamin D 0mcg	0%	
Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced	Contains:	Calcium 0mg		
Iron, Thiamin Mononitrate, Riboflavin,	wheat	Iron 0mg	0%	
Folic Acid), Water, Sugar, Canola Oil, Salt, Wrap Fresh: (Unbleached	May Contain:	Potassium 0mg	0%	
Unbromated Wheat Flour, Monoglycerides (Soy), Guar Gum, Dextrose (Corn), Enzymes (fungal amylase), and L-Cysteine), Yeast, Calcium Propionate (to retard	Soy Free From: (Sp) crustaceans (O) eggs (Sp) fish (A) milk	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
spoilage), Inactive Yeast.	peanuts () tree nuts			

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

Serving Suggestions

Use this versitile flatbread as a pizza base or load up with sandwich fixings, roll and slice for a party tray. Great for catering menus.

Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

Product Specifications

Brand				Manufacturer				
FLOWERS				FLOWERS FOODS SPECIALTY				
MFG	i #	SPC #		GTIN			Pack	Pack Desc.
10514	100	208594	000	00075361012351			1	36/6.2 OZ
Gross V	Gross Weight Net Weight		ght Cou	Country of Origin		Kosher		Child Nutrition
16	b	14lb		USA		Yes		No
	Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Li	fe Storage Temp From/To		
17.5in	13.5in	5.5in	0.75ft3	7x12	270DA	YS	S 0°F / 32°F	





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Nutrition Analysis - By Serving

Calories	560	Total Fat	7g	Sodium	930mg
Protein	16	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	107g	Saturated Fat	0.5g	Iron	0mg
Sugars	9g	Added Sugars	Og	Potassium	0mg
Dietary Fiber	4g	Polyunsaturated Fat	Og	Zinc	0
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



