HORMEL

209783 - **Beef Flank Steak Fire Braised**

Natural shaped and uniquely prepared flank steak gives you convenience and consistency, so you can use your creativity and offer a perfect addition to any menu. So simple that it saves time and labor.

Nutrition Facts

Servings per Container
Serving size **3oz (84g)**

Amount per serving
Calories **140**

	% Daily Value*
Total Fat 8g	**10%**
Saturated Fat 4g	**20%**
Trans Fat 0.5g	
Cholesterol 50mg	**17%**
Sodium 330mg	**14%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes Added Sugar	**%**
Protein 18g	
Vitamin D	**%**
Calcium	**0%**
Iron	**6%**
Potassium 190mg	**4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

CONTAINING UP TO 15% OF A SOLUTION++ ++Solution Ingredients: Water, Salt, Beef Stock, Natural Flavoring.

Allergens

Free From:

crustaceans, eggs, fish, milk, peanuts, sesame, soy, tree nuts, wheat

Handling Suggestions

RECOMMENDED TEMPERATURE: 0F.
MINIMUM TEMPERATURE: -20F.
MAXIMUM TEMPERATURE: 10F.
STORAGE: KEEP FROZEN.

Serving Suggestions

Perfect for salads, sandwiches, entrees and any place a steak would be served on the menu.

Prep & Cooking Suggestions

Product Specifications

Brand	Manufacturer	Product Category
HORMEL	HORMEL MEAT	Beef

MFG #	SPC #	GTIN	Pack	Pack Desc.
84117	209783	90037600841170	4	2/2/2#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.05lb	8lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.56in	10.56in	4.38in	0.44ft3	10x4	365DAYS	0°F / 32°F

powered by Syndigo
Products Move When Content Flows™

HORMEL

209783 - **Beef Flank Steak Fire Braised**

Natural shaped and uniquely prepared flank steak gives you convenience and consistency, so you can use your creativity and offer a perfect addition to any menu. So simple that it saves time and labor.

Nutrition Analysis - By Serving

Calories	140	Total Fat	8g	Sodium	330mg
Protein	18	Trans Fats	0.5g	Calcium	
Total Carbohydrates•••	0g	Saturated Fat	4g	Iron	
Sugars	0g	Added Sugars		Potassium	190mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

powered by Syndigo
Products Move When Content Flows™