



Flowers Foods Specialty

210486 - Bun Hamburger Gluten Free I/W

3.5" hamburger bun is gluten free. This product is fully baked and ready to serve. Individual wrap and preslicing keeps the bun free of BOH cross contamination.



Nutrition Facts

Serving Size: 85

Number of Servings per 36

Amount Per Serving

Calories: 200

Calories from Fat: 40

% Daily Value*

Total Fat 4.5 g 7%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 440 mg 18%

Total Carbohydrate 40 g 13%

Dietary Fiber 2 g 9%

Sugars 3 g %

Protein 2 g %

Vitamin A	Per Srv	0%	Vitamin C	Per Srv	0%
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Calcium	2%	Iron	2%
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*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat	Carbohydrate		Protein

* Benefits

Ingredients

WATER, MODIFIED TAPIOCA STARCH, WHITE RICE FLOUR, POTATO STARCH, CORN STARCH, PALM OIL, EVAPORATED CANE JUICE, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: MILLET FLOUR, DRIED YEAST (YEAST, SORBITAN MONOSTEARATE), MODIFIED CELLULOSE, CANOLA OIL, SEASALT, SORGHUM FLOUR, XANTHAN GUM, GUAR GUM, RICE BRAN EXTRACT, CULTURED DEXTROSE, CALCIUM SULFATE, ENZYMES, ASCORBIC ACID

Allergens

Free From:

- crustaceans
- eggs
- fish
- dairy
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

Serving Suggestions

Build special gluten free burgers, chicken and sandwiches with gluten free proteins and condiments.

Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	Flowers Foods Specialty	Buns & Rolls

MFG #	SPC #	GTIN	Pack	Pack Desc.
27019160	210486	00072250019880	36	36/3 OZ

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
8 lb	6.75 lb	No	USA		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12 in	12 in	8 in	0.67 ft3	8x2	270 DAYS	0°F / 32°F



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Nutrition Analysis

Calories	200 kcal	Total Fat	4.5 g	Sodium	440 mg
Protein	2 g	Trans Fats	0 g	Calcium	
Total Carbohydrates***	40 g	Saturated Fat	1.5 g	Iron	
Sugars	3 g	Polyunsaturated Fat		Potassium	
Dietary Fiber	0 g	Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(IU)	0 NIU	Vitamin D	0 µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	0 mg
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

