



FLOWERS

210499 - Bread Multigrain Thick Slc Natures Own



Nutrition Facts

Servings per Container
Serving size

Amount per serving
Calories

	% Daily Value*
Total Fat	%
Saturated Fat	%
Trans Fat	
Cholesterol	%
Sodium	%
Total Carbohydrate	%
Dietary Fiber	%
Total Sugars	
Includes Added Sugar	%
Protein	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients	⚠ Allergens

Handling Suggestions	📄 Product Specifications																					
Serving Suggestions	<table border="1"> <thead> <tr> <th>Brand</th> <th>Manufacturer</th> <th>Product Category</th> </tr> </thead> <tbody> <tr> <td>FLOWERS</td> <td>FLOWERS FOODS SPECIALTY</td> <td>Bread, Baked & Parbaked</td> </tr> </tbody> </table>	Brand	Manufacturer	Product Category	FLOWERS	FLOWERS FOODS SPECIALTY	Bread, Baked & Parbaked															
	Brand	Manufacturer	Product Category																			
FLOWERS	FLOWERS FOODS SPECIALTY	Bread, Baked & Parbaked																				
Prep & Cooking Suggestions	<table border="1"> <thead> <tr> <th>MFG #</th> <th>SPC #</th> <th>GTIN</th> <th>Pack</th> <th>Pack Desc.</th> </tr> </thead> <tbody> <tr> <td>10259726</td> <td>210499</td> <td>20072250020750</td> <td>8</td> <td>8/22 OZ</td> </tr> </tbody> </table>	MFG #	SPC #	GTIN	Pack	Pack Desc.	10259726	210499	20072250020750	8	8/22 OZ											
	MFG #	SPC #	GTIN	Pack	Pack Desc.																	
10259726	210499	20072250020750	8	8/22 OZ																		
	<table border="1"> <thead> <tr> <th>Gross Weight</th> <th>Net Weight</th> <th>Country of Origin</th> <th>Kosher</th> <th>Child Nutrition</th> </tr> </thead> <tbody> <tr> <td>12.8lb</td> <td>11lb</td> <td>USA</td> <td></td> <td>No</td> </tr> </tbody> </table>	Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition	12.8lb	11lb	USA		No											
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition																		
12.8lb	11lb	USA		No																		
	<table border="1"> <thead> <tr> <th colspan="7">Shipping Information</th> </tr> <tr> <th>Length</th> <th>Width</th> <th>Height</th> <th>Volume</th> <th>TlxHI</th> <th>Shelf Life</th> <th>Storage Temp From/To</th> </tr> </thead> <tbody> <tr> <td>23.31in</td> <td>15.81in</td> <td>8.13in</td> <td>1.73ft3</td> <td>5x3</td> <td>0DAYS</td> <td>0°F / 32°F</td> </tr> </tbody> </table>	Shipping Information							Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	23.31in	15.81in	8.13in	1.73ft3	5x3	0DAYS	0°F / 32°F
Shipping Information																						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To																
23.31in	15.81in	8.13in	1.73ft3	5x3	0DAYS	0°F / 32°F																



FLOWERS

210499 - Bread Multigrain Thick Slc Natures Own



Nutrition Analysis

Calories		Total Fat		Sodium	
Protein		Trans Fats		Calcium	
Total Carbohydrates...		Saturated Fat		Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

