



## Nutrition Facts

Servings per Container27

Serving size6oz (170grams)

Amount per serving

Calories147

| % Daily Value*          |     |
|-------------------------|-----|
| Total Fat 2g            | 2%  |
| Saturated Fat 0g        | 0%  |
| Trans Fat 0g            |     |
| Cholesterol 83mg        | 28% |
| Sodium 60mg             | 3%  |
| Total Carbohydrate 0g   | 0%  |
| Dietary Fiber 0g        | 0%  |
| Total Sugars 0g         |     |
| Includes 0g Added Sugar | 0%  |
| Protein 32g             |     |
| Vitamin D               | %   |
| Calcium                 | 2%  |
| Iron                    | 2%  |
| Potassium               | %   |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Ingredients

Tilapia

⚠ Allergens

May Contain:



Handling Suggestions

Shelf life of two years when stored frozen at 0 degrees F or below

Serving Suggestions

Prep & Cooking Suggestions

📄 Product Specifications

| Brand          | Manufacturer           |
|----------------|------------------------|
| GREAT AMERICAN | GREAT AMERICAN SEAFOOD |

| MFG # | SPC #  | GTIN           | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 14218 | 211177 | 00829944145727 |      | 1/10#      |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 11lb         | 10lb       |                   | No     | No              |

| Shipping Information |        |        |        |       |            |                      |
|----------------------|--------|--------|--------|-------|------------|----------------------|
| Length               | Width  | Height | Volume | TLxHI | Shelf Life | Storage Temp From/To |
| 15.2in               | 11.1in | 5.3in  | 0.52cf | 10x8  | 0days      | 0 / 32               |



Nutrition Analysis - By Measure

|                        |     |                     |      |                |      |
|------------------------|-----|---------------------|------|----------------|------|
| Calories               | 147 | Total Fat           | 2g   | Sodium         | 60mg |
| Protein                | 32  | Trans Fats          | 0g   | Calcium        |      |
| Total Carbohydrates... | 0g  | Saturated Fat       | 0g   | Iron           |      |
| Sugars                 | 0g  | Added Sugars        | 0g   | Potassium      |      |
| Dietary Fiber          | 0g  | Polyunsaturated Fat |      | Zinc           |      |
| Lactose                |     | Monounsaturated Fat |      | Phosphorus     |      |
| Sucrose                |     | Cholesterol         | 83mg |                |      |
| Vitamin A(IU)•         |     | Vitamin D           |      | Thiamin        |      |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin         |      |
| Vitamin C              |     | Folate              |      | Riboflavin     |      |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-1 2• |      |
| Monosodium             |     | Sulphites           |      | Nitrates       |      |

 Additional Images

