



BON SECOUR

211192 - Oyster In Shell Gulf Coast Jit



# Nutrition Facts

Servings per Container 17  
Serving size 6each (84grams)

Amount per serving  
**Calories 57**

	% Daily Value*
<b>Total Fat</b> 2g	<b>2%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 177mg	<b>8%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 6g	
Vitamin D	<b>%</b>
Calcium 40mg	<b>3%</b>
Iron 5.6mg	<b>31%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

### Ingredients

Oysters

### ⚠ Allergens

#### May Contain:

fish

#### Free From:

crustaceans eggs milk peanuts

soy tree nuts wheat

## Handling Suggestions

Keep refrigerated 36-40 degrees F

## Serving Suggestions

## Prep & Cooking Suggestions

Raw, fresh, ready to eat

## 📄 Product Specifications

Brand	Manufacturer	Product Category
BON SECOUR	BON SECOUR FISHERIES, INC	Oysters, Commodity

MFG #	SPC #	GTIN	Pack	Pack Desc.
3012	211192	00080564003140		100/EA

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
41lb	40lb		No	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
8in	10in	15in	0.69cf	5x5	14days	33 / 39



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### Nutrition Analysis

Calories	57	Total Fat	2g	Sodium	177mg
Protein	6	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	3g	Saturated Fat	1g	Iron	5.6mg
Sugars	0g	Added Sugars	0g	Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(U)	100	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	3mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

