GREAT AMERICAN

211442 - **Catfish Fillet 5 7 Oz Iqf Imported**

A summer staple. The mild flavor of these farm-raised catfish fillets are perfect for any recipe. The filets are boneless, skinless and individually quick frozen.

SGC FOODSERVICE

Benefits

Filet
Individually Quick Frozen
Farm Raised

Ingredients

Catfish, Water, Sodium Tripolyphosphate (to retain moisture).

Allergens

May Contain:

crustaceans

Nutrition Facts

Servings per Container	**60**
Serving size	**4oz(112g)**

Amount per serving

Calories **135**

	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 62mg	**21%**
Sodium 111mg	**5%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes Added Sugar	**%**
Protein 17g	
Vitamin D 0.3mcg	**2%**
Calcium 9mg	**1%**
Iron 0.3mg	**2%**
Potassium 342mg	**7%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated or frozen

Serving Suggestions

Try it in a Classic Southern Style Fried Catfish Recipe

Prep & Cooking Suggestions

Must be cooked to a minimum internal temperature of 165F (74C).

Product Specifications

Brand	Manufacturer	Product Category
GREAT AMERICAN	GREAT AMERICAN SEAFOOD	Fish, Value Added & Further Processed

MFG #	SPC #	GTIN	Pack	Pack Desc.
14158	211442	00829944145185	1	1/15#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.5lb	15lb	CHN		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.82in	11.75in	7.13in	0.77INQ	10x8	0DAYS	0°F / 32°F

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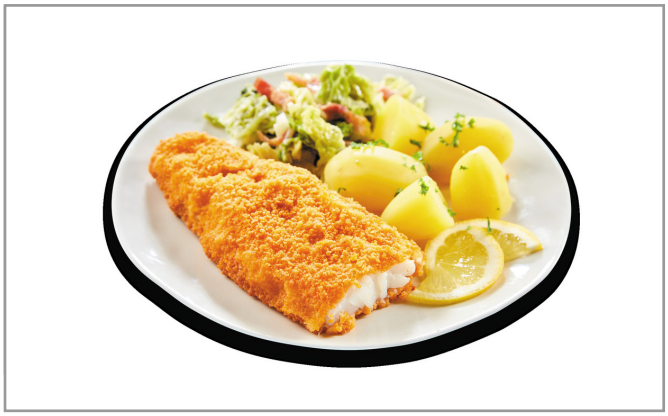
Nutrition Analysis - By Serving

Calories	135	Total Fat	7g	Sodium	111mg
Protein	17	Trans Fats	0g	Calcium	9mg
Total Carbohydrates•••	0g	Saturated Fat	1.5g	Iron	0.3mg
Sugars	0g	Added Sugars		Potassium	342mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	62mg		
Vitamin A(IU)•		Vitamin D	0.3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



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