



**PACKER**  
**211501 - Tilapia Whole 550 750 Gr lqf**



**\* Benefits**

# Nutrition Facts

**Servings per Container** 107  
**Serving size** 6oz (170grams)

**Amount per serving**  
**Calories** **147**

	% Daily Value*
<b>Total Fat</b> 2g	<b>2%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 83mg	<b>28%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 32g	
Vitamin D	<b>%</b>
Calcium	<b>2%</b>
Iron	<b>3%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients**

Tilapia

**⚠ Allergens**

**May Contain:**



**Handling Suggestions**

Shelf life 2 years when stored frozen at 0 degrees F or below

**Serving Suggestions**

**Prep & Cooking Suggestions**

**📄 Product Specifications**

Brand	Manufacturer
PACKER	BON SECOUR -STOCKED

MFG #	SPC #	GTIN	Pack	Pack Desc.
695711	211501	30080564570998		1/40#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
41lb	40lb			

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18in	10in	8in	0.83cf	5x5	0days	0 / 32



Nutrition Analysis - By Measure

Calories	147	Total Fat	2g	Sodium	60mg
Protein	32	Trans Fats	0g	Calcium	
Total Carbohydrates...	0g	Saturated Fat	1g	Iron	
Sugars	0g	Added Sugars	0g	Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	83mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

 Additional Images

