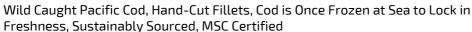


AQUA STAR

212477 - Cod Fillet Panko Breaded 2 3 Oz







Benefits

Ingredients

INGREDIENTS: Cod, Wheat Flour, Water, Modified Tapioca Starch, Salt, Corn Starch, Sugar, Garlic Powder, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Spices, Onion Powder, Yeast, Glucose, Soybean Oil. Allergen Warning: Contains Cod, wheat, and soy ingredients.

Allergens

Free From:



(wheat

Nutrition Facts

Servings per Container 64 Serving size about1fillet(2.5oz(71g))

Amount per serving Calories

| % D | aily Value* |
|-------------------------|-------------|
| Total Fat 0.5g | 1% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 20mg | 7% |
| Sodium 300mg | 13% |
| Total Carbohydrate 7g | 3% |
| Dietary Fiber | 0% |
| Total Sugars 0g | |
| Includes 1g Added Sugar | 2% |
| Protein 8g | _ |
| | |
| Vitamin D 0mcg | 0% |
| Calcium 12mg | 1% |
| Iron 3mg | 17% |
| Potassium 117mg | 2% |

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen at 0 deg F (-18 deg C) until ready to use. After thawing do not refreeze.

Serving Suggestions

Ideal for Fish and Chips, Sandwiches, and Entrees.

Prep & Cooking Suggestions

Deep fry preparation, This product is not cooked and intended to be fried before consumption.

Product Specifications

| Brand | Manufacturer |
|-----------|-------------------|
| AQUA STAR | UNIPRO -AQUA STAR |
| | |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|---------|--------|----------------|------|------------|
| 3372157 | 212477 | 10731149393353 | 4 | 4/2.5# |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 11.9lb | 10lb | CHN | | No |

| Shipping Information | | | | | | | |
|----------------------|--------|--------|---------|-------|------------|----------------------|--|
| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To | |
| 14in | 11.8in | 5.7in | 0.55ft3 | 10x4 | 0DAYS | 0°F / 32°F | |





AQUA STAR

212477 - Cod Fillet Panko Breaded 2 3 Oz



Wild Caught Pacific Cod, Hand-Cut Fillets, Cod is Once Frozen at Sea to Lock in Freshness, Sustainably Sourced, MSC Certified

Nutrition Analysis - By Serving

| Calories | | Total Fat | 0.5g | Sodium | 300mg |
|------------------------|----|---------------------|------|----------------|-------|
| Protein | 8 | Trans Fats | 0g | Calcium | 12mg |
| Total Carbohydrates••• | 7g | Saturated Fat | 0g | Iron | 3mg |
| Sugars | 0g | Added Sugars | 1g | Potassium | 117mg |
| Dietary Fiber | | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 20mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images







