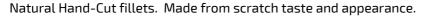
# 212488 - Pollock Battered Hand Cut Fillet 2 3 Oz







# Benefits

# Ingredients

INGREDIENTS: Pollock, Yellow Corn Flour, Bleached Wheat Flour, Water, Soybean Oil, Barley Malt, Modified Potato Starch, Bleached

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin,

Enriched Wheat Flour (Wheat Flour, Malted Baney Flour, Macri Iron,
Thiamine Mononitrate, Riboflavin, Folic Acid), Rice, Hops, Salt,
Dextrin,
Dextrose, Sodium Acid Pyrophosphate, Sodium Bicarbonate,
Sodium
Aluminium Phosphate, Wheat Starch, Yeast, Food StarchModified,

Palm Oil, Spices (Contains Mustard), Onion Powder, Modified Tapioca

Tapioca Starch, Food Starch, Citric Acid,Xanthan Gum, Artificial Flavor. Allergen Warning: Contains fish (Pollock), wheat, soy ingredients.

#### Allergens

#### **Contains:**







#### Free From:







# **Nutrition Facts**

Servings per Container 1fillet (71g) Serving size

# **Amount per serving Calories**

	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 400mg	17%
<b>Total Carbohydrate</b> 11g	4%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes Added Sugar	r <b>%</b>
Protein 9g	_
Vitamin D	%
Calcium	2%
Iron	2%
Potassium	%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **Handling Suggestions**

Keep frozen at 0 deg F (-18 deg C) until ready to use. After thawing do not refreeze.

#### Serving Suggestions

Ideal for Fish and Chips, Sandwiches, and Entrees.

# Prep & Cooking Suggestions

Deep Fry or Convection Oven. This product is not cooked and intended to be fried before consumption.

# **Product Specifications**

Brand Manufacturer		Product Category		
AQUA STAR	UNIPRO -AQUA STAR	Fish, Value Added & Further Processed		

MFG # SPC #		GTIN	Pack	Pack Desc.
3372361	212488	10731149393797	4	4/2.5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.9lb	10lb	USA		No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
14in	11.8in	5.7in	0.55ft3	15x4	0DAYS	0°F / 32°F	





## **AQUA STAR**

# 212488 - Pollock Battered Hand Cut Fillet 2 3 Oz





## Nutrition Analysis - By Serving

Calories		Total Fat	4.5g	Sodium	400mg
Protein	9	Trans Fats	0g	Calcium	
Total Carbohydrates•••	11g	Saturated Fat	1g	Iron	
Sugars	1g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

### Additional Images





