**AQUA STAR**

# 212488 - **Pollock Battered Hand Cut Fillet 2 3 Oz**

Natural Hand-Cut fillets. Made from scratch taste and appearance.

SGC FOODSERVICE

## Benefits

## Ingredients

INGREDIENTS: Pollock, Yellow Corn Flour, Bleached Wheat Flour, Water, Soybean Oil, Barley Malt, Modified Potato Starch, Bleached
Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron,
Thiamine Mononitrate, Riboflavin, Folic Acid), Rice, Hops, Salt, Dextrin,
Dextrose, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Sodium
Aluminium Phosphate, Wheat Starch, Yeast, Food Starch - Modified,
Palm Oil, Spices (Contains Mustard), Onion Powder, Modified Tapioca
Starch, Food Starch, Citric Acid,Xanthan Gum, Artificial Flavor.
Allergen Warning: Contains fish (Pollock), wheat, soy ingredients.

## Allergens

**Contains:**

fish, soy, wheat

**Free From:**

crustaceans, eggs, milk, peanuts, sesame, tree nuts

## Nutrition Facts

| | |
|---|---|
| **Servings per Container** | **64** |
| **Serving size** | **1fillet (71g)** |
| **Amount per serving** | |
| **Calories** | |
| | **% Daily Value*** |
| **Total Fat** 4.5g | **7%** |
| Saturated Fat 1g | **5%** |
| *Trans* Fat 0g | |
| **Cholesterol** 25mg | **8%** |
| **Sodium** 400mg | **17%** |
| **Total Carbohydrate** 11g | **4%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 1g | |
| Includes Added Sugar | **%** |
| **Protein** 9g | |
| Vitamin D | **%** |
| Calcium | **2%** |
| Iron | **2%** |
| Potassium | **%** |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Handling Suggestions

Keep frozen at 0 deg F (-18 deg C) until ready to use. After thawing do not refreeze.

## Serving Suggestions

Ideal for Fish and Chips, Sandwiches, and Entrees.

## Prep & Cooking Suggestions

Deep Fry or Convection Oven. This product is not cooked and intended to be fried before consumption.

## Product Specifications

| Brand | Manufacturer | Product Category |
|---|---|---|
| AQUA STAR | UNIPRO -AQUA STAR | Fish, Value Added & Further Processed |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|---|---|---|---|---|
| 3372361 | 212488 | 10731149393797 | 4 | 4/2.5# |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|---|---|---|---|---|
| 11.9lb | 10lb | USA | | No |

| Shipping Information | | | | | | |
|---|---|---|---|---|---|---|
| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To |
| 14in | 11.8in | 5.7in | 0.55ft3 | 15x4 | 0DAYS | 0°F / 32°F |

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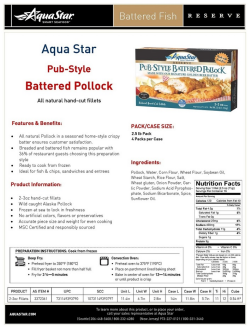
## Nutrition Analysis - By Serving

| | | | | | |
|---|---|---|---|---|---|
| Calories | | Total Fat | 4.5g | Sodium | 400mg |
| Protein | 9 | Trans Fats | 0g | Calcium | |
| Total Carbohydrates••• | 11g | Saturated Fat | 1g | Iron | |
| Sugars | 1g | Added Sugars | | Potassium | |
| Dietary Fiber | 1g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 25mg | | |
| Vitamin A(IU)• | | Vitamin D | | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12• | |
| Monosodium | | Sulphites | | Nitrates | |

## Additional Images



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