



SUPERIOR CATF

212519 - Catfish Fillet Split 5 7 Oz Iqf



Nutrition Facts

Servings per Container **80**
Serving size Two pc of this product will feed one adult (3OZ)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 5g	%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 315mg	14%
Total Carbohydrate 0g	0%
Dietary Fiber	%
Total Sugars 0g	
Includes Added Sugar	%
Protein 14g	
Vitamin D	%
Calcium 0mg	0%
Iron	%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

The 5-7 oz fillets split down the center of fillet is used both for frying or grilling. It gives the consumer a thicker piece of catfish which many people love.

Ingredients

Catfish, Water, Sodium Tripolyphosphate, Salt, Sodium Hexametaphosphate, Citric Acid

Allergens

Contains:



Free From:



Handling Suggestions

Store in freezer between -10 degrees to 15 degrees Fahrenheit. For best thawing, thaw in cooler 36 hours prior to using.

Serving Suggestions

8 ounces of product will feed one adult.

Prep & Cooking Suggestions

For frying, oil must be at 350 degrees Fahrenheit and cooked for a minimum of 5 minutes. For other cooking methods make sure internal meat temperature reaches 160 degrees or meat is easily flaked.

Product Specifications

Brand	Manufacturer	Product Category
SUPERIOR CATF	SUPERIOR CATFISH	Fish, Value Added & Further Processed

MFG #	SPC #	GTIN	Pack	Pack Desc.
IQF015SCP	212519	00811838020210	1	1/15#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17LB	15LB	US		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.7in	11.8in	6.7in	0.72cf	7x3	365days	0°f / 32°f



Nutrition Analysis

Calories	100	Total Fat	5g	Sodium	315mg
Protein	14	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	0.5g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

 Additional Images

