SUPERIOR CATF

212721 - **Catfish Whole Icepack 13 17 Oz**

SGC FOODSERVICE

Benefits

Many people love whole catfish and believe it has the best flavor in catfish. The catfish tail is a favorite. This particular size works well in restaurants and is the perfect size for a smoked catfish.

Ingredients

Catfish, Water, Sodium

Allergens

Contains:

fish

Free From:

crustaceans, eggs, milk, peanuts, sesame, soy, tree nuts, wheat

Nutrition Facts

Servings per Container	**160**
Serving size	**Onewholefishwillfeedoneadult (3OZ)**
Amount per serving	
Calories	**120**
	% Daily Value*
Total Fat 6g	**%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 50mg	**17%**
Sodium 315mg	**14%**
Total Carbohydrate 0g	**0%**
Dietary Fiber	**%**
Total Sugars 0g	
Includes Added Sugar	**%**
Protein 16g	
Vitamin D	**%**
Calcium 0mg	**0%**
Iron	**%**
Potassium	**%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store in refrigerated cooler kept between 35-32 degrees Farenheit. If product is not used within 14 days from production, product must be frozen.

Serving Suggestions

8 ounces of product will feed one adult.

Prep & Cooking Suggestions

For frying, oil must be at 350 degrees Farenheit and cooked for a minimum of 5 minutes. For other cooking methods make sure internal meat temperature reaches 160 degrees or meat is easily flaked.

Product Specifications

Brand	Manufacturer	Product Category
SUPERIOR CATF	SUPERIOR CATFISH	Shrimp Commodity

MFG #	SPC #	GTIN	Pack	Pack Desc.
1317 15 LB	212721	00811838020623	1	1/15#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
23LB	15LB	US		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16in	10in	8in	0.74cf	5x5	0days	33°f / 39°f

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Nutrition Analysis

Calories	120	Total Fat	6g	Sodium	315mg
Protein	16	Trans Fats	0g	Calcium	0mg
Total Carbohydrates•••	0g	Saturated Fat	0.5g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)•	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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