

SUPERIOR CATF

212860 - Catfish Fillet lecpack 5 7 Oz S/O



The 5-7 ounce fillet is popular by many restaurant users for providing multiple serving options. It is the perfect size for grilling or baking as a whole fillet. Fresh fillets are always a premium product.



* Benefits

Ingredients	Allergens
Catfish, Water, Sodium	Contains: fish Free From: crustaceans eggs milk peanuts sessame soy if tree nuts wheat
	Soy Sesame Soy (1) tree nuts (2) wheat

Nutrition Facts

Servings per Container 80 Serving size 3.5oz

Amount per serving

A D II M I +
% Daily Value*
9%
8%
16%
7%
0%
0%
- %
63%
1%
1%
6%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Store in refrigerated cooler kept between 35-32 degrees Farenheit. If product is not used within 14 days from production, product must be frozen.

Serving Suggestions

8 ounces of product will feed one adult.

Prep & Cooking Suggestions

For frying, oil must be at 350 degrees Farenheit and cooked for a minimum of 5 minutes. For other cooking methods make sure internal meat temperature reaches 160 degrees or meat is easily flaked.

Product Specifications

Brand	Manufacturer		
SUPERIOR CATE	SUPERIOR CATFISH		

MFG #	# SPC # GTIN		Pack	Pack Desc.
57F15A	212860	00811838020746	1	1/15#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
23lb	15lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23in	15in	7in	1.4ft3	10x7	0DAYS	33°F / 39°F





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Nutrition Analysis - By Serving

Calories	120	Total Fat	6g	Sodium	160mg
Protein	15	Trans Fats	0g	Calcium	10mg
Total Carbohydrates•••	0g	Saturated Fat	1.5g	Iron	0.2mg
Sugars	0g	Added Sugars		Potassium	300mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	47mg		
Vitamin A(IU)•	0	Vitamin D	12.5mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



