



SMITHFIELD

213031 - Ham Steak Bone In Smoked Fresh

All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.



Nutrition Facts

Servings per Container 7
Serving size 3oz. (84g)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 980mg	43%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 14g	
Vitamin D 11.41mcg	57%
Calcium 8.28mg	1%
Iron 0.35mg	2%
Potassium 370mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. That smoking process, coupled with our signature cure and pure honey flavor, creates an unforgettable ham. Expertly handcrafted and perfectly smoked ham elevates any meal. Gluten free ham steaks ideal for those with specific dietary needs. Fully cooked ham is ready to eat to minimize prep time. Hardwood smoked ham delivers premium flavor to your meals. Use as breakfast ham in omelets or casseroles, or serve with your favorite sides for a mouthwatering ham dinner. Packaged to maintain long term freshness.

Ingredients

CURED WITH: WATER, DEXTROSE, SALT, CONTAINS 2% OR LESS OF: SODIUM PHOSPHATES, POTASSIUM ACETATE, POTASSIUM LACTATE, SODIUM DIACETATE, SODIUM NITRITE.

⚠ Allergens

Free From:

- crustaceans eggs fish milk
 peanuts sesame soy tree nuts
 wheat

Handling Suggestions

Store and use per package instructions

Serving Suggestions

For breakfast, lunch, or dinner, savory ham slices and steaks are a quick and hearty meal.

Prep & Cooking Suggestions

Place the ham slices into the oil, cooking on each side for about three minutes. Continue cooking until it turns brown and is slightly crispy, then remove from the pan.

📄 Product Specifications

Brand	Manufacturer
SMITHFIELD	SMITHFIELD/FARMLAND

MFG #	SPC #	GTIN	Pack	Pack Desc.
062510	213031	90070800062518	24	24/1.25#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31lb	30lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.87in	12.19in	7.13in	0.95ft3	7x5	60DAYS	33°F / 39°F



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Nutrition Analysis - By Serving

Calories	120	Total Fat	6g	Sodium	980mg
Protein	14	Trans Fats	0g	Calcium	8.28mg
Total Carbohydrates...	2g	Saturated Fat	2g	Iron	0.35mg
Sugars	2g	Added Sugars	2g	Potassium	370mg
Dietary Fiber	0g	Polyunsaturated Fat	1g	Zinc	0
Lactose		Monounsaturated Fat	2.5g	Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)•	0	Vitamin D	11.41mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

