



SEABOARD

# 213376 - Pork Loin Porterhouse Chops Fc

Top-of-the-line fully cooked pork with a high degree of intramuscular fat that eats just like the best cuts of beef. 100% tender and delicious guarantee.



### \* Benefits

## Nutrition Facts

Servings per Container **40**  
Serving size **4.00ozs (4oz)**

Amount per serving  
**Calories 180**

	% Daily Value*
<b>Total Fat</b> 10g	<b>16%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 340mg	<b>15%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 20g	
Vitamin D 0mcg	<b>0%</b>
Calcium	<b>2%</b>
Iron 0mg	<b>0%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Basted with up to 16% Solution Of Water, Potassium Chloride, Vinegar, Natural Flavor.

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep refrigerated. May be frozen.

### Serving Suggestions

Slice and serve with side dishes.

### Prep & Cooking Suggestions

Ready to cook. Roast or grill until internal temperature of 155-160 degrees F. Let rest 10 minutes. Slice and serve.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
SEABOARD	SEABOARD FOODS	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
99422	213376	10886476994220	12	12/14OZAVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.4lb	10.5lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.37in	11.5in	3.5in	0.31ft3	10x15	0DAYS	0°F / 32°F



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## Nutrition Analysis - By Serving

Calories	180	Total Fat	10g	Sodium	340mg
Protein	20	Trans Fats	0g	Calcium	
Total Carbohydrates...	0g	Saturated Fat	3.5g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(U)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

