



SEABOARD FARMS

213413 - Pork Chop Double Boned Frenched 16 Oz

Our advanced loin-cutting technology ensures precise product specifications on our bone in pork chops every time. Expert trimming saves back of house time and provides a more consistent cook time.



\* Benefits

Product of the USA.  
USDA approved.  
Perfect for a variety of meals.  
Tender and delicious.

Ingredients

⚠ Allergens

Free From:

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container  
Serving size 4.00ozs (4oz)

Amount per serving  
Calories 180

|                       | % Daily Value* |
|-----------------------|----------------|
| Total Fat 10g         | 16%            |
| Saturated Fat 3.5g    | 18%            |
| Trans Fat 0g          |                |
| Cholesterol 55mg      | 18%            |
| Sodium 340mg          | 15%            |
| Total Carbohydrate 0g | 0%             |
| Dietary Fiber 0g      | 0%             |
| Total Sugars 0g       |                |
| Includes Added Sugar  | %              |
| Protein 20g           |                |
| Vitamin D             | %              |
| Calcium 0mg           | 0%             |
| Iron 0mg              | 0%             |
| Potassium             | %              |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep refrigerated. May be frozen.

Serving Suggestions

Slice and serve with side dishes.

Prep & Cooking Suggestions

Ready to cook. Saute or grill until internal temperature of 155-160 degrees F. Let rest 10 minutes. Slice and serve.

✎ Product Specifications

| Brand          | Manufacturer   |
|----------------|----------------|
| SEABOARD FARMS | SEABOARD FOODS |

| MFG # | SPC #  | GTIN           | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 99941 | 213413 | 10886476999416 | 10   | 10/16 OZ   |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 10lb         | 8lb        | USA               |        | No              |

| Shipping Information |        |        |         |       |            |                      |
|----------------------|--------|--------|---------|-------|------------|----------------------|
| Length               | Width  | Height | Volume  | TlxHl | Shelf Life | Storage Temp From/To |
| 4.4in                | 10.2in | 16.3in | 0.42ft3 | 10x3  | 270DAYS    | 0°F / 32°F           |



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Nutrition Analysis

|                        |     |                     |      |               |       |
|------------------------|-----|---------------------|------|---------------|-------|
| Calories               | 180 | Total Fat           | 10g  | Sodium        | 340mg |
| Protein                | 20  | Trans Fats          | 0g   | Calcium       | 0mg   |
| Total Carbohydrates... | 0g  | Saturated Fat       | 3.5g | Iron          | 0mg   |
| Sugars                 | 0g  | Added Sugars        |      | Potassium     |       |
| Dietary Fiber          | 0g  | Polyunsaturated Fat |      | Zinc          |       |
| Lactose                |     | Monounsaturated Fat |      | Phosphorus    |       |
| Sucrose                |     | Cholesterol         | 55mg |               |       |
| Vitamin A(IU)•         | 0   | Vitamin D           |      | Thiamin       |       |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin        |       |
| Vitamin C              | 0mg | Folate              |      | Riboflavin    |       |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-12• |       |
| Monosodium             |     | Sulphites           |      | Nitrates      |       |

Additional Images

