GREAT AMERICAN

213725 - **Lobster Tail Lifted 4 Oz Avg**

Our lobster is wild-caught and flash-frozen right from the sea. Theyre easy to prepare and serve.

SGC FOODSERVICE

Nutrition Facts

Servings per Container	**40**
Serving size	**4oz(112g)**

Amount per serving

Calories **110**

	% Daily Value*
Total Fat 0.5g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 120mg	**40%**
Sodium 330mg	**14%**
Total Carbohydrate 1g	**0%**
Dietary Fiber 1g	**4%**
Total Sugars 0g	
Includes Added Sugar	**%**
Protein 24g	
Vitamin D 0mcg	**0%**
Calcium 66mg	**5%**
Iron 0mg	**0%**
Potassium 367mg	**8%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Wild Caught
Flash Frozen
Cold Water

Ingredients

Lobster

Allergens

May Contain:

fish

Handling Suggestions

Must be cooked to a minimum internal temperature of 165 F (74 C).

Serving Suggestions

Pair with boiled corn on the cob, potatoes and a side of melted butter.

Prep & Cooking Suggestions

Must be cooked to a minimum internal temperature of 165F (74C).

Product Specifications

Brand	Manufacturer	Product Category
GREAT AMERICAN	GREAT AMERICAN SEAFOOD	Lobster, Commodity

MFG #	SPC #	GTIN	Pack	Pack Desc.
12479	213725	00829944124791	1	1/10#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12lb	10lb	CAN		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
10.5in	12in	15in	1.09INQ	9x3	720DAYS	0°F / 32°F

powered by Syndigo
Products Move When Content Flows™

GREAT AMERICAN

213725 - **Lobster Tail Lifted 4 Oz Avg**

Our lobster is wild-caught and flash-frozen right from the sea. Theyre easy to prepare and serve.

Nutrition Analysis - By Serving

Calories	110	Total Fat	0.5g	Sodium	330mg
Protein	24	Trans Fats	0g	Calcium	66mg
Total Carbohydrates•••	1g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	367mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	120mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

powered by Syndigo
Products Move When Content Flows™