TYSON

213890 - Chicken Breast Filet Brd Garlic 4 Oz S/O

Add some on-trend, international flavors to your menu with Lady Aster Uncooked Garlic Focaccia Chicken Breast Filets. Featuring juicy breast and rib meat, our breaded chicken filets are seasoned with parsley, dried bell pepper and other spices for a Mediterranean flair. Versatile as an entre, sandwich or addition to salads and pastas, our chicken is consistently sized and easy to cook from frozen. Stored frozen at 0F, our chicken has a shelf life of 365 days. Simply bake and mix into a fettuccine alfredo for a traditional Italian dish with added protein. Includes one case of Uncooked Garlic Focaccia Chicken Breast Filets. Lady Aster chicken has consistency and quality in unique forms and on-trend flavors. We offer a diverse selection of crowd favorites, from crepes to poultry, to help grow your bottom line and give customers the cuisine they love.

Benefits

Made with chicken breast and rib meat
Consistently portioned for better plate coverage and more even cooking
Breaded and seasoned with parsley, dried bell pepper and other spices
Versatile as an entre, sandwich or addition to salads and pastas

Ingredients

Boneless skinless chicken breasts with rib meat CONTAINING: Up to 8% of a solution of water, sodium phosphates, and salt. COATED WITH: Liquid and hydrogenated soybean oil, contains less than 2% of salt, soy lecithin, natural & artificial flavor, beta carotene (color), TBHQ and citric acid added to protect flavor. BREADED WITH: Bleached wheat flour, salt, maltodextrin, dextrose, autolyzed yeast extract, natural flavors, dried yeast, dried red bell pepper, dried parsley, spices.

Allergens

Contains:

soy, wheat

Free From:

crustaceans, eggs, fish, milk, peanuts, tree nuts

Nutrition Facts

Servings per Container	**48**
Serving size	**4OZSERVinG,About48ServingsPerContainer (112g)**
Amount per serving	
Calories	**230**
	% Daily Value*
Total Fat 14g	**18%**
Saturated Fat 3g	**15%**
Trans Fat 0g	
Cholesterol 60mg	**20%**
Sodium 350mg	**15%**
Total Carbohydrate 7g	**3%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes 0g Added Sugar	**0%**
Protein 19g	
Vitamin D 0mcg	**0%**
Calcium 10mg	**1%**
Iron 0.4mg	**2%**
Potassium 310mg	**7%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Frozen

Serving Suggestions

Prep & Cooking Suggestions

Appliances vary, adjust accordingly.
Conventional Oven
Cook uncovered on foil-lined baking sheet for 20-23 minutes at 400F from frozen. For extra crispiness, broil for 2-3 minutes until golden brown.
Uncooked: FOR SAFETY, PRODUCT MUST BE COOKED TO AN INTERNAL TEMPERATURE OF 165F AS MEASURED BY A THERMOMETER.

Product Specifications

Brand	Manufacturer	Product Category
TYSON	TYSON FOODS	Chicken, Further Processed or Prepared

MFG #	SPC #	GTIN	Pack	Pack Desc.
35260511	213890	00023700539793	3	3/4#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.16lb	12lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.31in	12.06in	6.81in	0.78ft3	8x10	0DAYS	0°F / 32°F

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Nutrition Analysis - By Serving

Calories	230	Total Fat	14g	Sodium	350mg
Protein	19	Trans Fats	0g	Calcium	10mg
Total Carbohydrates•••	7g	Saturated Fat	3g	Iron	0.4mg
Sugars	0g	Added Sugars	0g	Potassium	310mg
Dietary Fiber	0g	Polyunsaturated Fat	6g	Zinc	
Lactose		Monounsaturated Fat	4.5g	Phosphorus	
Sucrose		Cholesterol	60mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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