



FARMLAND  
214130 - Ham Pit Silver Medal Fresh

All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.



Nutrition Facts

Servings per Container 81  
Serving size 3oz. (84g)

Amount per serving  
Calories 110

% Daily Value*	
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 890mg	39%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 14g	
Vitamin D 13.94mcg	70%
Calcium 4.61mg	0%
Iron 0.66mg	4%
Potassium 420mg	9%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. That smoking process, coupled with our signature cure and pure honey flavor, creates an unforgettable ham.

Ingredients

Cured With: Water, Contains 2% or Less of: Dextrose, Salt, Sodium Phosphates, Potassium Lactate, Potassium Acetate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store and use per package instruction

Serving Suggestions

Ham is the perfect holiday center piece or as a weekly meal , serve center of plate, with eggs, or as an addition to a grilled cheese sandwich

Prep & Cooking Suggestions

Convection Oven: Heat oven to 350.F. Remove CarveMaster ham from packaging and place in roasting pan; cover. Heat approximately 15 minutes per pound.

Product Specifications

Brand	Manufacturer
FARMLAND	SMITHFIELD/FARMLAND

MFG #	SPC #	GTIN	Pack	Pack Desc.
12859	214130	90070247128594	2	2/14# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
29lb	28lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.9in	12.1in	8.3in	1.1ft3	7x4	30DAYS	33°F / 39°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	5g	Sodium	890mg
Protein	14	Trans Fats	0g	Calcium	4.61mg
Total Carbohydrates...	2g	Saturated Fat	1.5g	Iron	0.66mg
Sugars	2g	Added Sugars	2g	Potassium	420mg
Dietary Fiber	0g	Polyunsaturated Fat	1g	Zinc	0
Lactose		Monounsaturated Fat	2g	Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(IU)•	1.8	Vitamin D	13.94mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

