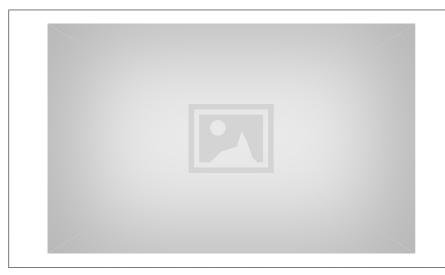
214297 - Ham Gold Medal Buffet Fresh

Great Source of Protein.





* Benefits

Great source of protein.

Ingredients	▲ Allergens
Cured With; Water, Dextrose, Salt, Contains 2% or Less of: Potassium Lactate, Potassium Acetate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.	Free From: Crustaceans O eggs of fish of milk peanuts of sesame soy of tree nu wheat

Nutrition Facts

Servings per Container 182 Serving size 3oz. (84g)

Amount per serving **Calories**

90

% Daily Value*

	/c = air, raide
Total Fat 3g	5%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 35mg	12%
Sodium 980mg	43%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes Added Sugar	- %
Protein 11g	

Vitamin D	%
Calcium	0%
Iron	2%
Potassium	%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store and use per package instruction.

Serving Suggestions

Serve as desired.

Prep & Cooking Suggestions

Prepare per package instructions.

Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	FARMLAND FOODS,INC.	Ham, Smoked or Cured (Carving)

MFG #	SPC #	GTIN	Pack	Pack Desc.
15594	214297	90070247155941	2	2/11# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
23.1lb	22lb	USA		

Shipping Information						
Length Width Height Volume TlxHl Shelf Life Storage Temp From/To						
15.75in	13.62in	5.12in	0.64INQ	8x7	0DAYS	33°F / 39°F





FARMLAND

214297 - Ham Gold Medal Buffet Fresh

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Nutrition Analysis

Calories	90	Total Fat	3g	Sodium	980mg
Protein	11	Trans Fats	0g	Calcium	
Total Carbohydrates	3g	Saturated Fat	1g	Iron	
Sugars	3g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	
Lactose		Monounsaturated Fat	0.5g	Phosphorus	
Sucrose		Cholesterol	35mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

• Additional Images				

